

EASTERN SHORE

GOLF

JANUARY
FEBRUARY '10

WWW.ESGMAGAZINE.COM



NICKLAUS
DESIGN



PALMER



BAY CREEK
RESORT & CLUB



ROB BAILEY
PRO

JERE LYNCH
A-FLIGHT(0-5)

BRUCE HOLLIS
B-FLIGHT(6-11)

SCOTT FISHER
C-FLIGHT(12-20)

GARY SHORT
D-FLIGHT(21-36)

'09 ESGM TOUR ON THE SHORE CHAMPIONS!



TOUR SPONSORS

ARE YOU ON THE TOUR?



2009 ESGM TOUR ON THE SHORE CHAMPIONSHIPS @ BAY CREEK

32 Amateurs and 10 Pros competed in the 2 day event at the world class facility known as Bay Creek in Cape Charles, Va. The weather was picture perfect and some incredible scores were turned in. On day one the players were challenged by the picturesque golf course designed by Arnold Palmer. In the A flight Mitch Wyatt turned in the day one low round and had 5 others within 3 strokes. On day two there was one player that just ate the course up shooting a spectacular 2 under par (70) on the Jack Nicklaus design to win the A flight and was crowned the 2009 ESGM TOUR ON THE SHORE CHAMPION, 9 time Nassawango Club Champion, Mr. Jere Lynch. Second place was "Mr. Consistent", Tim Freeh out of the Rookery Golf Club. Third place finish went to the 14 Time Green Hill Club Champion Mitch Wyatt, fourth place went to Rum Pointe's top player Ritchie Etheridge and fifth place was Erik "The Rookie" Brubaker. In the B flight Mr. Bruce Hollis from Easton, MD took home the Crown. The C flight was won by Scott Fisher hailing from Salisbury MD. The D flight winner was Gary Short from Berlin, Md. In the ESGM Pro-Invitational, Rob Bailey (Bay Club) played extremely well shooting a 1 under par (71) on Arnie's course and edged out his good friend and 1st assistant Jared Goslee. Third place honors went to Cripple Creek's Steve Menz. Fourth place went to Lighthouse Sound Pro Scot Dailey. The players were treated by ESGM to both rounds of golf, roundtrip transportation by Lovin Life Limos, dinner, overnight stay, and breakfast! Next year we are taking the top 64 players (16 in each flight) A Flight (0-5). B Flight (6-11). C Flight (12-20). D Flight (21-36), to Bay Creek Resort for the 2 day all expenses paid trip to compete for the 2010 ESGM Tour on the Shore Championships Nov 6-7th.



2009 TOP PLAYERS ON THE TOUR

	PROS	A FLIGHT 0-5	B FLIGHT 6-11	C FLIGHT 12-20	D FLIGHT 21-36
1ST	Rob Bailey Bay Club	Jere Lynch	Bruce Hollis	Scott Fisher	Gary Short
2ND	Jared Goslee Bay Club	Tim Freeh	Gary Pope	Mike Thomas	Mike Sheeler
3RD	Steve Menz Cripple Creek	Mitch Wyatt	Gary Oliver	David Donahue	Wayne Bowden
4TH	Scot Daily Lighthouse Sound	Ritchie Etheridge	Tim Velasco	Scott Stewart	Ron Taylor Jr
5TH	Bob Beckelman Deer Run	Eric Brubaker	Eric Rawlinson	Jeff Donohue Jr	Jeff Donohue Sr
6TH	Tim Brittingham Great Hope	Dana Cooper	Robert Christian	Gary Ennis	Ron Taylor Sr
7TH	Billy Dillon UMES	Dave Thrift	John Abbott	Matt Gardner	Robert Buss
8TH	Tony Hollerback Baywood Greens	Chase Brockstedt	Ronnie Hudson	Mike Brengle	Sean Young

ARE YOU ON THE TOUR?

EASTERN SHORE GOLF WWW.ESGMAGAZINE.COM

2010 ESGM TOUR ON THE SHORE

APRIL 10TH		DEER RUN	9AM	\$75
APRIL 24TH		GREAT HOPE	9AM	\$75
MAY 15TH		HOG NECK	1PM	\$75
JUNE 5TH		BAYWOOD GREENS	2:30PM	\$100
JUNE 26TH		BAYSIDE RESORT	2:30PM	\$100
JULY 17TH		CAMBRIDGE HYATT	2:30PM	\$100
AUG 7TH		LIGHTHOUSE SOUND	2:30PM	\$100
AUG 21ST		EAGLES LANDING	2:30PM	\$100
SEPT 18TH		GLENRIDDLE (WAR ADMIRAL)	2:00PM	\$100
OCT 2ND		NASSAWANGO	1:00PM	\$75
OCT 9TH		OCEAN PINES	1:00PM	\$100
OCT 16TH		OCEAN CITY GOLF (NEWPORT BAY)	1:00PM	\$100

(0-5)A flight

(6-11)B flight

(12-20)C flight

(21-36)D flight

64 PLAYERS (TOP 16 IN EACH FLIGHT) WILL WIN AN ALL EXPENSE PAID 2 DAY GOLF TRIP TO BAY CREEK RESORT IN CAPE CHARLES, VA TO PLAY JACK NICKLAUS & ARNOLD PALMER SIGNATURE COURSES AND COMPETE FOR THE 2010 ESGM TOUR ON THE SHORE CHAMPIONSHIP NOVEMBER 6TH & 7TH!

*PRIZE PACKAGE INCLUDES ROUNDTRIP TRANSPORTATION BY LOVIN LIFE LIMOS, BOTH ROUNDS OF GOLF, DINNER, OVERNIGHT ACCOMMODATIONS & BREAKFAST.

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TOUR ON THE SHORES MOST WANTED



JERE 'the LYNCH man'
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 ★9-TIME NASSAWANGO CLUB CHAMPION
Acct. Mgr. -
Coca Cola Enterprise
HOME TOWN:
 SNOW HILL, MD
HOME COURSE:
 NASSAWANGO
STATUS: MARRIED
HOBBY: FAMILY, BEACH,
 HARLEY MOTORCYCLE
FAVORITE FOOD:
 STEAK & FRESH TOMATOES
AGE: 53



TIM set 'em FREEH
 ★2009 TOUR ON THE SHORE RUNNER-UP
 ★ROOKERY'S TOP PLAYER
Computer Engineer
HOME TOWN:
 BROADKILL BEACH, DE
HOME COURSE: ROOKERY
STATUS: MARRIED
HOBBY: AUTO REPAIR,
 MACHINIST, POLITICS
FAVORITE FOOD:
 PASTA
AGE: 48



MITCH 'WYATT Earp'
 ★14-TIME GREEN HILL CLUB CHAMPION
Self Employed
Commercial
Investor
HOME TOWN:
 SALISBURY, MD
HOME COURSE:
 GREEN HILL YACHT & CC
STATUS: MARRIED
HOBBY: FAMILY, FITNESS,
 BASKETBALL
FAVORITE FOOD:
 VEAL PARMESEAN
AGE: 49



HAROLD
'the hitman' BAINES
 ★FORMER #1 MLB DRAFT PICK
 ★C-FLIGHT TOUR WINNER@BAYCLUB
Chicago White Sox
HOME TOWN:
 ST. MICHAELS, MD
HOME COURSE: EASTON CLUB
STATUS: MARRIED
HOBBY: BASEBALL, GOLF, FAMILY
FAVORITE FOOD:
 MOM'S CRAB CAKES
AGE: 50



ERIC 'the rookie'
BRUBAKER
 ★SHOT 2 UNDER PAR TO WIN
 LIGHTHOUSE SOUND TOUR EVENT
Entrepreneur
HOME TOWN:
 LANCASTER, PA
HOME COURSE: ANYWHERE I PLAY
STATUS: SINGLE
HOBBY: MY CAR (MITSUBISHI
 EVOLUTION 8, HANGING WITH
 FRIENDS
FAVORITE FOOD:
 MOM'S COOKING, DIPIETROS
 PIZZA
AGE: 23



DANA
'country'
COOPER
 ★2008 TOUR ON THE SHORE CHAMPION
 ★3-TIME OCEAN PINES CLUB CHAMPION
Mason
HOME TOWN:
 MCKEESPORT, PA
HOME COURSE: OCEAN PINES
STATUS: MARRIED
HOBBY: CANOE, FISHING, TRAP
 SHOOTING WITH FAMILY
FAVORITE FOOD:
 CORN ON THE COB
AGE: 51



'the CHASE ends'
BROCKSTEDT
 ★5-TIME KINGS CREEK CLUB CHAMPION
Lawyer
HOME TOWN:
 REHOBOTH BEACH, DE
HOME COURSE:
 KINGS CREEK COUNTRY CLUB
STATUS: MARRIED
HOBBY: FAMILY, SURFING,
 SNOWBOARDING
FAVORITE FOOD:
 LISA'S HONEY HAM
 & MAC'N CHEESE
AGE: 36



DAVE
'drink 'em'
THRIFT
 ★2008 DEER RUN CLUB CHAMPION
Owner
Dave's Taxi
HOME TOWN: BERLIN, MD
HOME COURSE: DEER RUN
STATUS: MARRIED
HOBBY: HANGING WITH
 OTHER COWBOYS
 AT LOCAL SALOONS
FAVORITE FOOD:
 CRABS
AGE: 50

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EASTERN JUNIOR SHORE GOLF LEAGUE



SHARKS

Coach Randy Mitchell, Will Massey, Ryan Mitchell, Tyler Massey, Hunter Massey, Matthew Phillips, Dalton Werner



EAGLES

Coach Steve Fuller, Trevor Taylor, Jared Fuller, Corinee Greenless, Joe Groth



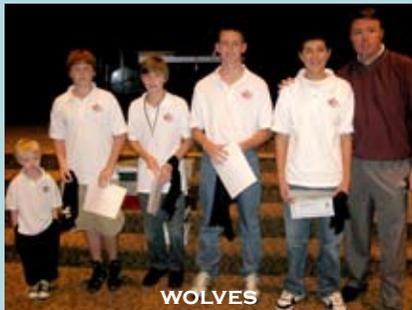
HAWKS

Sloan White, Lindsey Kremer, Brock Kragler, Alice Trueth, John Trueth, Angelo Giarratano, Nick Moondra, Mark Trueth, Coach Kevin White (not pictured)



COBRAS

Coach Chip Leonard, Dallas Repine, Tyler Jovens, Savannah Scott, Tanner Leonard, Alex DiPirro, Walker Sorg



WOLVES

Coach Kevin White, Kolby White (all star), Kyle Lowe, Kaleb White, Brian Kragler, Dominic Giarratano

Another exciting year of the Eastern Shore Junior Golf League has concluded. This year we had 68 participants, up from 33 last year. This included youth from ages 8 to 12 years (6 teams) 13 to 18 years (3 teams) from all over Wicomico County. Several high school teams were represented including Bennett, Parkside, Salisbury Christian, and St. Francis. The program was administered through the Wicomico Parks and Recreation Department by Karen McInturff. The league president is Kevin White. Players were drafted on to teams and were coached by volunteer parents. Each team had 6 to 8 players. Two teams would play weekly match play matches. The matches were played at many local area courses at reduced rates or for free. We want to thank all of the courses who made their courses available including ELKS, Wood Creek, Nassawango, Great Hope, Ocean City Yacht and CC, Heritage Shores and Linkwood GC. We are hoping many more will make their courses available next year as we look to expand the league. A special thank you goes out to all the coaches and parents who volunteered their time this to help make the ESJGL a tremendous success. To get more information please visit www.wicomcorecandparks.org. To register, stop by the Civic Center box office, Mon-Fri, 8am-5pm. For more information please call 410-548-4900 ext.113 or kmcinturff@wicomicocounty.org.

Will Massey, Darrin Whithead, Mike Levengood, Brian Kragler, Chip Leonard, Ken Davis, Reagan Haldeman, Steve Fuller, Brian Workman, Randy Mitchell, Dale King, Kevin White (league president) Darrell Fearin



BY KEVIN WHITE



LIONS

Coach Darron Whitehead, Mike Levengood, Ayden Whitehead, Colby Levengood, Jared Rabel, Nathan Spicer-Davis



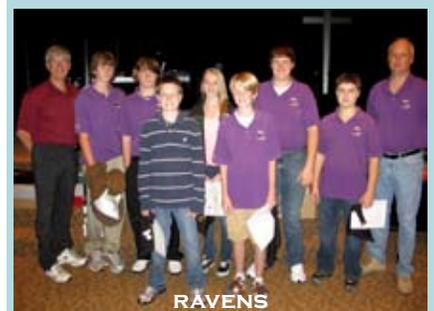
BENGALS

Coach Randy Mitchell, Will Massey, Ryan Coach Reagan Haldeman, Darrell Fearin, Clark Bullard, Corey Haldeman, Shawn Fearin, Scott Delawder, Nick Pusey



TIGERS

Dale King, Brian Workman, Davey King, Drew Mengason, Ethan Hall, Wil Kennington



RAVENS

Coach Tom Stitche, Ken Davis, Will Bassett, Josh Robinson, Hannah Robinson, Matt Stitche, Chris Chris Keosian, Garrett Spicer-Davis, Michael Nutter



LADIES NIGHT AT RUDDOS



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PAST PRES: MAUREEN PINNIX



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BETTY BRITTON & HOLLY TARANTO

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REGISTRATION DEADLINE – WEDNESDAY, FEB. 24, 2010

EWGA PINK RIBBON CLASSIC

The 13th Annual Pink Ribbon Classic Golf Tournament was held Friday, October 23, 2009 at Ocean City Golf Club, Berlin, MD to benefit the American Cancer Society. The Tournament was presented by Poor Girls Open and hosted by the Eastern Shore Chapter of The Executive Women's Golf Association (EWGA). All proceeds benefit American Cancer Society Breast Cancer Programs of Research and Development. This year's golf tournament was dedicated In Memory of Mary Kelley-Hall, who lost her battle against cancer this year, and was a former EWGA member. 130 players, 100 sponsors, countless volunteers, and Ocean City Golf Staff, provided a fun day of golf, fun, and fabulous food (thanks to our generous In-Kind Sponsors: Galaxy 66 Bar & Grille, Sunset Grille, The Green Turtle, Quality Inn 17th Street & the Boardwalk, Old Pro Golf, Mountaire, Harrison Group Hotels, Phil Cropper and Crack of Dawn Bakery. Our winners received wonderful prizes. This year's tournament surpassed its goal of \$20,000.

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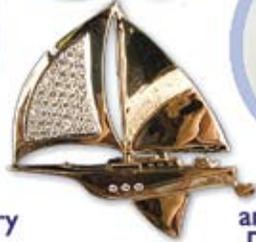
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How to take Instruction...how to learn.

Learning is hard; especially hard for the over 20's crowd, which is probably close to all of you reading this tip. "Set in our ways" is not exactly the problem, though for some golfers this may be the case. "Who has the time or energy to disseminate all the information out there on the swing and put it to consistent practice...especially when the info itself is not?" This, I believe is more to the crux of the problem.

First things first. Where are you getting your information? Golf Magazines? The Golf Channel? Golf Books? Friends with 36 handicaps? HUSBANDS???. Careful. Too much information, BAD. Information from husbands, (ARGGGGGGGGGGGG!!!). Keep it simple. Choose A source. One instructor in A golf magazine, one instructor on the Golf Channel, one golf book, one husband (no...no husbands teaching golf allowed!), or one qualified professional golf instructor. This is not to say that you're not allowed to jump around until you find the right ONE (husband jumping is not allowed), or to change if you find you don't mesh well with the current system. But find ONE that you like, are comfortable with, believe in, can stick to, and well, stick to it. As I like to say to my students..."stick to the program". Getting your golf information from multiple sources will confuse and undermine even the most seasoned (I like salt and peppa!) golfers.

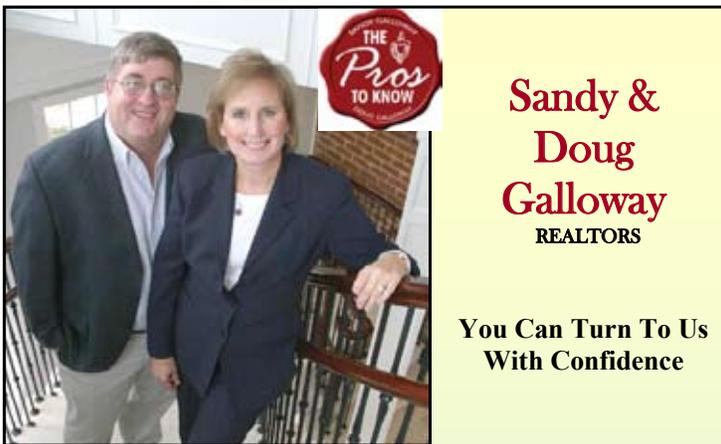
Next things next. You must find the time and energy to (yes) dedicate to improving your game on a consistent basis. You don't go from a high handicapper to a single digit over night. Any improvement takes long stretches of constant hard work. Just like most things in life, routine is the best way to approach it. Devise and create a practice routine that you have a chance to stick too. Include practice at home (free swinging in the garage or putting in the living room etc.), range practice (short game as well as long game), before play practice (how do you warm up before a round? By drinking a cup of Java or by stretching and hitting a few shots on the range to get going?) Try to cover all aspects of the game in your practice. Don't just work on your full swing or your weaknesses. If you are taking golf instruction, practice what he or she preaches, and practice it how they preach it. If you're given drills to do, it might be a good idea to do them and do 'em correctly. Nothin' worse than a drill gone bad. Chart your practice time and your improvement...You might find that the more and better you practice, the faster you improve. If you don't, if you are honestly putting in the time, then jump to a new source and try, try again. Never give up, this game is too great to master, but not too great to improve on and enjoy!

Bob Beckelman, PGA can now be reached at Deer Run Golf Course in Berlin MD where he will continue to run the golf academy. If you are in need of any instruction, or have any other golfing needs, please contact Bob at: 443-235-7278.

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2009 OCDC / ART DAVIS MEMORIAL GOLF TOURNAMENT



The Ocean City Development Corporation held its 9th Annual Golf Tournament on October 21st at Ocean City Golf Club, and its third as the renamed Art Davis Memorial Golf Tournament in honor of Art Davis, one of its founding members and well known long-time president of the Bank of Ocean City. This year's tournament consisted of 27 teams. Proceeds from this event will be applied towards the OCDC's revitalization efforts for downtown Ocean City.

This year's tournament sponsor was Sysco Eastern Maryland LLC, for the 7th year, which continues to show its support for downtown. Over \$22,000 was raised to benefit these downtown revitalization programs and events.

This year's golf tournament was played in a scramble format with flighted categories. Winning teams of the three flights were as follows:
Flight 1: Coates/Tyler team
Flight 2: Park Place Jewelers team
Flight 3: The Dough Roller II team

Closest to the pin winners were: Sean Fishbeck, Nornie Bunting, Joe Kendall, and Chris Takacs. The longest drive winners were: (Men's) Dan Parker and (Women's) Pam Stansell.

This year's OCDC Golf Tournament Committee consisted of Bob Givarz as Chairperson, Greg Shockley, Macky Stansell, Igor Conev, Charlie Barrett, Chris Trimper, Todd Ferrante, and Tom Allen.

The OCDC wishes to thank tournament sponsors, participating golf teams, hole-in-one sponsors, and each business that provided prizes to make this year's golf tournament another great success.



**PARK PLACE JEWELERS TEAM
2ND FLIGHT TOURNAMENT WINNERS.**
(L-R) JERRY HOLBROOK,
MARTIN COLBURNE,
KEVIN BALL & TODD FERRANTE

WINNERS! BOYS AT THE BEACH TEAM
(L-R) DAVID NOLAN, CHARLIE BARRETT, KEITH MITCHELL & BOB GIVARZ.

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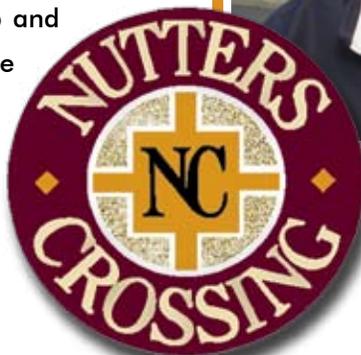
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DAVID COMBS NUTTERS CROSSING HEAD PRO & GM

Being the Head Pro/GM for Nutters Crossing in Salisbury, MD is second nature for this Salisbury native. It was a perfect fit when he was named the head guy at Nutters five years ago.

David's father Russell bought David his first set of clubs at the age of three and David has loved the game ever since. At age fourteen he started working at Jack Slayton's (DPGA) driving range and was later named WiHi player of the year three years in a row as he became the District Champion. David was crowned the Elks Club Champion in '88 and has career low rounds of 67 at Beach Club and The Rookery and a 65 at Nutters. He enjoys spending time with his wife Tonya and two children when not at the office. "When you work in your own backyard and have a great member base and locals programs, it's not hard to enjoy work everyday." Mr. Combs tells us. We wish David and his Nutters family continued success.





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Stan Matthews, Paul Phillips, Jim Young, Dr. Rosemary Thomas

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Thank you to our sponsors and players.
With your help we raised over \$1000.00 for the American Cancer Society!



Tourney Host Steve Pappas



Ray T, Mike Thomas, Nolan Dove, Mitch Wyatt



Sarah, Hunt Crosby, Dawn Pappas, Pete Scott



WINNERS!

J.P., Chris McLoota, Bryan Taylor, Salty



Ben Cooper, Jeff Churnes, Eric Williams, Dave Stern





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Harrison
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10.25.2009
Ocean City Golf Club
Newport Bay
hole # 7/par 3
7 iron/107 yard
witnesses
husband: Chuck,
my two best friends
Bobbie Corbett &
Judy Schoellkopf



BOB WATSON

Nassawango
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DEADLINE FOR REGISTRATION IS MARCH 31, 2010

**PLEASE PROVIDE YOUR HANDICAP OR WHAT YOU REGULARLY SHOOT



Warriors

JUSTEN ROBERT BARBIERRI

12th grade - Pocomoke High School
2 Years Varsity / Handicap: 18
Winter Quarters - Began @age 15

What is the toughest part of becoming a good golfer? Working hard and spending more time on the putting green than the driving range.
What influenced you most about getting involved in the sport? A friend (Eric) & family members. Did it come naturally, did your parents/grandparents get you involved when you were real young? My coach helped me out a lot and gave me the confidence I needed.
How many hours a week do you practice? During the season over 18 hours.
How many hole-in-ones have you had? Zero, still trying to get one or more.
What is the most beautiful course you've played? River March at the Hyatt in Cambridge, MD
If there was one course in the world that you could play, which one would it be? Augusta National
Favorite Professional Golfer Tiger Woods & Hunter Mahan
Strengths Putting
What's in your bag? Nike Driver, slingshot irons (4-9), Cleveland 56 (favorite club) and Pitching wedge.



KATHLEEN EMILY KOTOSKI

11th grade - Stephen Decatur High School
1 Year Varsity / Handicap: 23
River Run Golf Club - Began @age 11

What is the toughest part of becoming a good golfer? Becoming mentally tough on the course.
Did it come naturally, did your parents/grandparents get you involved when you were real young? My parents got me involved at a young age.
How many hours a week do you practice? At least 10 during the summer
What is the most beautiful course you've played? Bass Ridge in Hinsdale, Massachusetts
If there was one course in the world that you could play, which one would it be? Beth Page
Favorite Professional Golfer Phil Mickelson
Strengths Putting
What's in your bag? Taylor Made woods, Nike Slingshot irons, an old Tour Edge putter I've had for years, and ladies Pinnacle ball



TYLER LONG

10th grade - Salisbury Christian School
2 Years Varsity / Handicap: 14 for 18 holes
Nutter's Crossing - Began @age 6

What is the toughest part of becoming a good golfer? The toughest part of becoming a good golfer is having straight drives and good short game skills.
Did it come naturally, did your parents/grandparents get you involved when you were real young? My Dad is my influence and has had me playing on the course ever since I could hit a golf ball.
How many hours a week do you practice? When the weather is nice I practice around 6 hours a week between the driving range and playing on the course.
How many hole-in-ones have you had? Never a hole-in-one, but I made a 40 yard chip shot a few years ago, and have made several 20 yard putts.
What is the most beautiful course you've played? The River Course/Kingsmill Resort in Williamsburg, VA
If there was one course in the world that you could play, which one would it be? Pinehurst in S.C.
Favorite Professional Golfer Phil Mickelson
Strengths long straight drives and chipping
What's in your bag? I currently have Calloway Woods, Titleist DCI Irons, a Odyssey Putter and Nike balls are what I generally hit.

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THE HISTORY OF THE INDIAN RIVER SENIOR GOLFERS

The Indian River Senior Center had its first meeting on January 17, 1972.

The golfers group was formed in 1984 under the leadership of Bill Bauer. While Bill was small in stature he could and did hit a golf ball a country mile. He ran the group until 1998 when he had to give up the reins for health reasons. The membership at that time was around 35 members. There was no shotgun start. We all lined up at the first tee, just like first graders are lining up to go to lunch.

Jack Schmidt took over for the 1999 season and we grew to about 55 members. Still without a shotgun start. About half way through the 27-week golf season Jack asked for help and Dick Bradley agreed to assist Jack. Dick is still running the Southern division.

Membership took off at that time increasing to more than 100 members by 2003. In 2004 membership increased again. We had to go into an odd even playing system. With membership now more than 200 we divided the group into two divisions. The dividing line is the Indian River. In 2007 Brian MacNeal took over as director of the new Northern group. Dick Bradley continued to head up the Southern group. With membership now in excess of 325 in 2009 it became necessary to divide the group into three divisions. Ray Richard stepped up to the plate and became the director of the East division. With 34 weeks of playing we start contacting the golf courses about next year's golf schedule about the middle of November.

Play starts on the first Monday in April and continues thru the middle of November, while using 24 different golf courses. It is estimated that we generate about \$265,000 dollars for the local economy not counting the money spent at the 19th hole.

There are too many golf courses to be mentioned at this time so we will just say THANK YOU for having us.

May you all one putt every green.
Dick Bradley

NEIL MAURER



Some people are born with what some call "natural talent". Neil Maurer is one of those blessed individuals.

Tennis was the first sport he conquered as a young man and dominated his peers in high school to win the MD State Championship as a Junior. After earning a full ride to Louisville University and playing on their tennis team, he came back home once he finished college. Lifelong members at Nutters Crossing, his father Ken Maurer introduced the game to his son. Ken still plays three times a week carrying his own bag while walking the course. I'm sure its that same strength that lead his son to be one of the best golfers the Eastern Shore has ever seen. After college, Neil really focused on his golf game and worked for his best friend Andy Loving at Eagles Landing. He then fine tuned his game working with Tim Brittingham at Nassawango. Neil ended up as an assistant Pro at BearTrap where the late Josh Freeman recognized Neil's talents and sent him to Florida as Neil's sponsor to play on the All Star Golf Tour. It was there that Neil played with top players in the world like Boo Weekly and Heath Sloccin. Neil traveled across the nation for the next five years with his wife, Lindsey on the bag. They put 65,000 miles on their minivan chasing the dream playing on the Gateway Tour, Hooters Tour, Tarheel Tour and went to Q Schools second stage. While out on the road, he scored thirty top ten finishes. Neil's main sponsor has been Greg Simendinger, a good friend that believed in Neil's talents. Neil holds the course record at Bayside Resort (69) and is currently the Assistant Pro at the prestigious Peninsula Golf Course.



BY RAY TARANTO



(L-R)
Brian MacNeal
North Division Director
Dick Bradley
South Division Director
Raymond Richard
East Division Director

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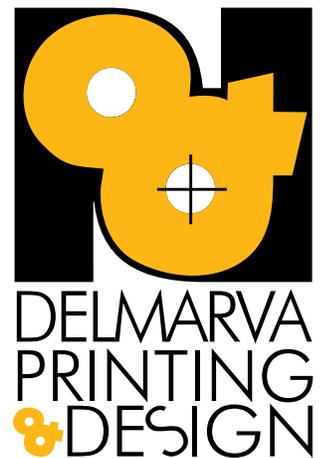
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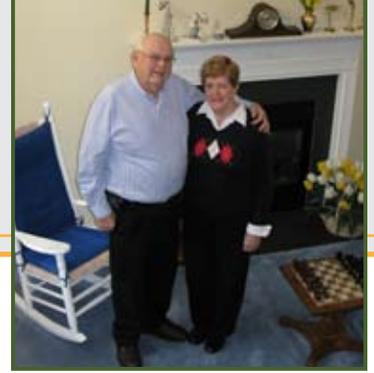
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BY HOLLY TARANTO



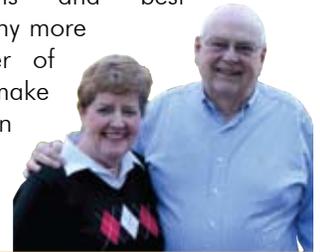
Bob and Emma Fralley lived in Morris County, New Jersey for thirty five years. Bob worked as a head hunter for twenty five years and held his Real Estate License until retiring in 1997. After staying home to raise their four sons, Emma became a branch manager for a temp agency in NJ from 1981-1998. Deciding to retire, they looked for a home in Florida and the Carolinas. Then while visiting for the weekend with friends found the best of all worlds here on the Eastern Shore in the community of Ocean Pines, MD. They purchased a golf course lot on hole #11 of the much desired Robert Trent Jones Jr. Golf Course! Most importantly, it was just a short drive to their children and grandchildren in New Jersey! They moved into their new home in June 1998.

Bob began playing golf with friends in 1963. He loves the game and plays at least three times weekly and once on the weekends. He also served as president of the Golf Board of Governors of Ocean

Pines and is still active in the men's group. Emma also loves to golf and was Chairman of the OPLGA 9 in 2003. She still enjoys those Tuesday morning outings with the wonderful ladies she has met here!

The Fralleys may be retired but they are busier than ever! They are both extremely active in the community and stay busy in many of the seventy some various clubs offered in Ocean Pines. One of Emma's favorite activities is the work she does for the Atlantic General Hospital Auxiliary where she served as President in 2008. The Auxiliary handles fundraising for the hospital, operates a thrift shop and hosts a gift shop and hospital lobby sales as well as giving service in the various departments of the hospital. She also belongs to the OP Republican Club, a Bridge Club and is very involved within the OP Community Church. Bob keeps busy as the finance chairman for Community Church, is an active member of the OP Men's Club, MISGA, is a member

of the Kiwanis Club for the past 45 years and Past President, volunteers at AGH, was on the Clubs Committee of OP and was President of the Innerlinks Homeowners Assn for a number of years.. His favorite group is the Evergreen Forest #49 Tall Cedars of Lebanon, part of the Masons, where he serves as the Grand Tall Cedar. This group assists in raising funds for children with muscular dystrophy which is close to Bob's heart. This beautiful couple celebrated their 50th wedding anniversary on September 21, 2007. Congratulations and best wishes for many more years together of working to make the Eastern Shore a better place to live!



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OCGC Newport Bay	\$55	\$25	\$85	\$45	\$85	\$45	\$85	\$45	\$65	\$25
OCGC Seaside	\$45	\$25	\$65	\$45	\$65	\$45	\$65	\$45	\$45	\$25
Nutter's Crossing	\$35	\$20	\$45	\$25	\$45	\$25	\$49	\$25	\$39	\$20
Rum Pointe	\$55	\$25	\$89	\$60	\$69	\$60	\$89	\$60	\$55	\$25
Lighthouse Sound	\$69	\$45	\$139	\$70	\$99	\$70	\$129	\$70	\$75	\$45
Eagle's Landing	\$45	\$25	\$55	\$49	\$79	\$49	\$49	\$49	\$45	\$25
River Run	\$49	\$25	\$99	\$45	\$89	\$45	\$99	\$45	\$69	\$25
Glen Riddle Man O' War	\$49	\$25	\$85	\$50	\$59	\$50	\$89	\$50	\$55	\$25
Bay Club	\$45	\$25	\$55	\$35	\$65	\$35	\$55	\$35	\$30	\$25
Bear Trap Dunes	\$40	\$30	\$85	\$65	\$99	\$75	\$80	\$65	\$40	\$30
Bayside	\$59	\$50	\$79	\$75	\$99	\$95	\$79	\$75	\$59	\$50
Ocean Pines	\$35	\$25	\$60	\$39	\$80	\$39	\$60	\$39	\$50	\$25
Baywood Greens	\$45	\$25	\$105	\$65	\$85	\$65	\$105	\$65	\$55	\$25
Heritage Shores	\$25	\$25	\$55	\$50	\$55	\$50	\$55	\$50	\$40	\$25

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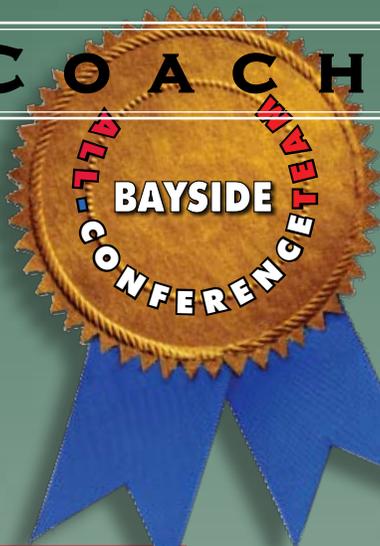
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COACH'S CHALKBOARD



Maryland public high school golf coaches and players of the Bayside South Conference experienced another successful season last fall, thanks to the overwhelming commitment from local golf professionals in conjunction with the generosity of the golf course owners. Nine area high schools from the Eastern Shore competed in "group style" golf matches at over ten local championship courses, for the ultimate bragging rights of being number one. Every year the Bayside South recognizes the top five golfers as 1st Team All Conference Players and the next five golfers as 2nd Team All Conference Players. The coaches from the Bayside South would like to congratulate the following players for their accomplishments, sportsmanship, and overall respect for the game.

■BY JIM KRALL



Jake Miller

Stephen Decatur-Junior Handicap 6.8
Father inspired me to play golf. Home Course Ocean Pines GCC In Bag Nike Sasquatch Sumo 2, Nike NDS, Callaway FT-1, Cleveland Black Pearl & Callaway X-Tour, Odyssey 2, Ball Blade, Titleist Pro V1x Strengths Driving Favorite Tour Player Phil Mickelson College Interest U. of Maryland CP to study Business/Psychology



Connor Gebhart

Stephen Decatur-Junior Handicap 11 Father inspired me to play golf Home Course Ocean City GC In Bag Ping G5, V Steel, Mizuno, Vokeys, Scotty Cameron, Nike One Tour Strengths Chipping Favorite Tour Player Phil Mickelson College Interest Undecided to study Golf Course Management



Chris Brittingham

Wicomico-Senior Handicap 8.6 Grandfather inspired me to play golf Home Course Nutters Crossing GC In Bag TaylorMade R7, Calloway, Adams Tight Lies, TaylorMade, TaylorMade Monsa Corsa, Titleist NXT Tour Strengths-short game Favorite Tour Player Sergio Garcia College Interest U of Maryland to study Architecture



Joe Iacona

Stephen Decatur-Freshman Handicap 13.6 Father inspired me to play golf Home Course The Bay Club In Bag Ping G10, Ping G2, Ping i10, Ping Tour-W, Ping G2 Craz-E, Callaway HX Hot Bite Strengths Chipping Favorite Tour Player Jim Furyk College Interest MIT to study Architecture



Brenan McAllister

Parkside-Sophomore Handicap 10 Grandparents inspired me to play golf Home Course Nutters Crossing In Bag Nike Sumo2, Nike Sumo2, Ping i5, Calloway X-Tour, TaylorMade Rossa, Titleist Pro V1 Strengths-Iron play & cool under pressure Favorite Tour Player Jim Furyk College Interest Penn State to study Engineering or Medicine



Nick Donnelly

JM Bennett-Senior Handicap 14.8 Grandfather inspired me to play golf Home Course Nutters Crossing In Bag Calloway Fusion, Master Grip, Calloway X-18, Titleist, Titleist, Titleist Strengths Irons Favorite Tour Player Tiger Woods College Interest UMD-College Park to study Accounting



Tyler Sauter

Stephen Decatur-Senior Handicap 10.2 Father & Matt McWilliam inspired me Home Course Ocean Pines In Bag TaylorMade R9, TaylorMade Burner TP, Titleist AP2, Titleist Vokey, TaylorMade, Rossa, Titleist Pro V1 Strengths Iron play and consistency Favorite Tour Player Rory McIlroy College Interest Methodist U. to study Business/Golf Management



Matt Sticher

Parkside-Sophomore Handicap 15 Father inspired me to play golf Home Course Nutters Crossing In Bag Ping, G10, Ping G10, Titleist 755, Titleist Vokey, Odyssey 2 Ball, Titleist Pro V1 Strengths Iron play and consistency Favorite Tour Player Phil Mickelson College Interest Salisbury University to study Golf Management



Corey Haldeman

Parkside-Sophomore Handicap 20 My brother Andrew inspired me Home Course Nutters Crossing In Bag Nike Sasquatch, Nike Sasquatch, TaylorMade Tour Burners, Cleveland CG, TaylorMade Rossa, Titleist Pro V1x Strengths Accuracy Favorite Tour Player Anthony Kim College Interest East Carolina U. to Study Business



Nicole Rafer

Stephen Decatur-Sophomore Handicap 16 Father inspired me to play golf Home Course River Run In Bag Taylor Made Burner, Nike Sumo, Nike Sumo, Nike Sumo, Odyssey White Hot Tour, Women's Noodle Strengths Driving and Attitude Favorite Tour Player Christina Kim College Interest Univ. of Georgia to study Business



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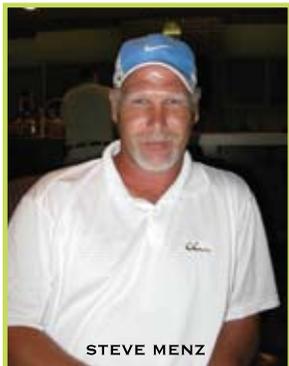
**BY 2010 GOLF WORLD
READER'S CHOICE
AWARDS!**





TOOLS OF THE TRADE

PLAY MORE GOLF!



STEVE MENZ

The holidays have come and gone and all those cool golf items you received shouldn't just sit in the closet until April rolls around. There is plenty of cheap, fast and good golf to be played in the winter months. How can you play more golf without feeling like Ralphie's little brother Randy in "The Christmas Story"? Most people don't like playing in the winter because their swing is too confined by their clothing.

Here are some items to make you feel downright balmy in the colder months. First you should realize that layering is the key. It helps the process so you can "put your arms down!" Layering is important in order to peel off a layer if you get too warm. Start off with a layer of Under Armor compression heat gear. Followed by your favorite golf shirt hanging on the rack, you know the one with the hanger marks in the shoulders? Topping it with a thin sweater should be good for starters. You may add a pullover if you feel that doesn't quite get it. Another layer of Under Armor compression pants is a great start for the bottoms followed by a nice pair of fatty corduroys. If your legs are still cold, throw on your pair of rain or wind pants. For the feet, two pair of socks is a must. I usually use my older pairs of shoes for winter golf. "Oh, so that's what I was saving those for!" Topping off the noggin goes to the Turtle Fur tossle cap or ear warmers. These things are great at keeping your head warm. To keep your paws toasty try pulling on a pair of Turtle Fur golf mittens. They have flaps that allow you have quick access to your fingers. Some great accessories are the Grabber and Hot Hands line of hand warmers, foot warmers and adhesive heat patches. After donning these items I promise you will not feel like the Michelin Tire Man. You will be able to swing unrestricted and hopefully uninhibited. A necessary item for the winter months is a cart cover. You can pick these up at your local sporting goods store or online. I saw some inexpensive covers at Golfsmith.com. Lots of local courses already have some carts equipped with covers, it is a great question to ask when making a tee time. The cover protects you from the wind for the majority of the round. The wind is the major factor in wearing you out during a winter round of golf. If you still feel a tiny nip they have little butane Coleman heaters that have sleeves that fit nicely in the cup holder. Now if you are still chilly, your local bowling alley would appreciate the business. As for me, I am going to play more golf! Make more birdies in 2010 everyone!

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EXPERIENCE OUR GOLF

- Rated "Best Places to Play" with a 3 Star Rating by Golf Digest 5 years in a row
- Locally known as the friendliest golf course in Ocean City
- Driving Range - Chipping Area
- Large Putting Green
- Full Service Pro Shop
- Hole #16 our Island Green was voted as one of the top 10 toughest holes to play in the Mid-Atlantic Region

EXPERIENCE OUR HOSPITALITY

- Meg's Deli / Beer, Wine, Sodas & Water
- Coo-coo's Nest (Outside dining & lounge)
- Beverage cart on course
- Tournament room for events and meetings has seating for 150 people
- Voted business of the year by Ocean Pines Chamber of Commerce
- Hospitality second to none with outstanding service

EXPERIENCE OUR GOLF ACADEMY

- Three teaching professionals are available for private and group lessons, clinics and full day golf school
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JOE BURBEE



Joe Burbee grew up in Ohio, which is the home state to the greatest golfer to walk this Earth, Jack Nicklaus. Like millions of youngsters Joe grew up admiring, imitating and emulating the Legend. Unlike those millions, Joe landed a job at the world famous Jack Nicklaus Sports Center at the age of 14. It was a dream come true for a young Joe. Realizing how much he loved being around the game he decided to make a career out of it. After college he accepted a position as an assistant pro at Deer Run Country Club in Cincinnati Ohio. Just a couple years later he came back to the course where it all started (Jack Nicklaus Golf Center) as the first assistant.

During the 6 years he worked as the assistant he met and married his lovely wife Deanne, a VA Beach native. When an opportunity came knocking for Joe to accept a head pro position in Virginia Beach at the Signature @ West Neck Golf Course (Palmer Design), the newlyweds made the move. After 4 years at West Neck he landed another dream job as the head pro at Bay Creek Resort in Cape Charles, VA, home of Nicklaus and Palmer designed courses. He has since celebrated the birth of his two sons, the first which he proudly named "Jack" (5) and later a second boy named Henry (3). In one of the most memorable days of Joe's life he played 18 holes with his boyhood idol as they opened the Jack Nicklaus course at Bay Creek in 2005. Now that's a dream come true! Bay Creek and Joe have so much to look forward to as Bay Creek continues to grow its membership and fan base. "We are looking forward to the 3rd Annual Bay Creek Amateur in August and the ESGM Tour on the Shore Championships in November, as well as many other events this year," Joe explains. If you didn't play Bay Creek last year make it your New Years resolution. It's a resort to remember!

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“WHAT’S IN YOUR BAG?”

Cripple Creek Golf & Country Club

DRIVER Cobra X-Speed

SHAFT, LOFT AND LENGTH

Pro Launch Red, 9.5* Stiff @ 45"

FAIRWAY WOODS None

SHAFTS AND LOFTS None

HYBRID(S)

Cobra 1/R @ 16*, 3/R @23* Pro series

SHAFTS AND LOFTS Aldila NV

IRONS: Cobra Carbon CB

IRON MAKE-UP (2-Pw) 3-Pw

SHAFTS, LENGTHS AND LIE ANGLE

Steel S300 Senciscore Standard

WEDGES Titleist Vokey 54* and 58*

DEGREES OF BOUNCE 11* and 8*

PUTTER Scotty Cameron Circa 62 Sante Fe

LENGTH AND LIE 35" Standard Lie

WHAT TYPE OF PUTTING STYLE AND GRIP DO YOU USE?

The Claw

FAVORITE GOLF BALL Titleist ProV1x

SHARPIE COLOR(S) PREFERRED Orange

GPS, LASER OR COURSE MARKINGS?

Course markings, I am an old traditionalist!

DO YOU HAVE ANYTHING SPECIAL TO MARK YOUR

BALL ON THE GREEN? Plastic CC Marker or a Khakwa Medallion from my first job

HOW MANY YEARS HAVE YOU BEEN PLAYING GOLF?

Too many, I guess almost 30 years

NAME A FEW THINGS IN YOUR BAG Too many golf balls, rain gloves even though I don't like to play in the rain,

RULES OF GOLF

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BRIAN TROUT, PGA STEVE MENZ, PGA



Cripple Creek Golf & Country Club

DRIVER Nike Victory Red Tour

SHAFT, LOFT AND LENGTH

45 3/4" Aldila Voodoo Stiff

FAIRWAY WOODS

Nike Victory Red 13*Str8-Fit

SHAFTS AND LOFTS Aldila Voodoo Stiff

HYBRID(S) Nike #2

SHAFTS AND LOFTS Aldila NV Stiff, 18*

IRONS Victory Red Split Back

IRON MAKE-UP (2-Pw) 3-pw

SHAFTS, LENGTHS AND LIE ANGLE

Dynamic Gold x100 +1/2", 2* Up

WEDGES Nike Victory Red , 56* and 60*

DEGREES OF BOUNCE 10* and 8* respectively

PUTTER Nike Method 001

LENGTH AND LIE 34" 2* upright

WHAT TYPE OF PUTTING STYLE AND GRIP DO YOU USE?

conventional palm to palm

FAVORITE GOLF BALL Nike Tour

SHARPIE COLOR(S) PREFERRED:

Red and blue, the ball is white

GPS, LASER OR COURSE MARKINGS?

Bushnell TE 1500 (No slope)

DO YOU HAVE ANYTHING SPECIAL TO MARK YOUR BALL ON

THE GREEN? An American Flag ball marker

HOW MANY YEARS HAVE YOU BEEN PLAYING GOLF?

I Started playing at 6-ish, started competing at 11 so 35 years. Yikes!

NAME A FEW THINGS IN YOUR BAG:

Medical Tape, Advil, extra socks, extra shoe laces, an Epi-Pen, super glue, Rules of Golf and some tees that were favors from my wedding

STEVE.MENZ@CRIPPLECREEKGOLF.COM

“YOU KNOW THE DRILL”

What's the Drawback?

Constantly people challenge themselves with lengthy practice putts, only to get them in the vicinity of the hole then sweep them away. What's the drawback? Learn how to easily two-putt those long putts by trying this drill. Putt to a hole 15 to 20 feet away. If you stay within a putter's length of the hole you may proceed to tap in. If you don't stay within a putter's length of the hole, take or draw your ball back another putter length away from the hole and try to make the 6+ footer. It is a great way to warm up as a single or against an opponent. Playing this game will hone your putt speed. Practicing this drill will surely help eliminate the nasty 3-Putt!

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For over twenty five years, business owners have turned to AD-ART sign company for quality signs, excellent service and great prices. Owner Gordon Mariner and his two sons, Matt and Brandon, pride themselves on providing their customers quality made signs. You may have seen their expert workmanship at Baywood Greens, Sussex Pines, Potnets Community, or numerous locations across the shore. They also specialize in Billboard Signs and are avid golfers. Lifetime members at Sussex Pines, the Mariner Guys are the ones to see for any type of signage.



(l-r) Matthew Mariner Gordon Mariner (father) Brandon Mariner



MATT GORDON
DIRECTOR OF INSTRUCTION

GORDON

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2010 - THE YEAR WE MAKE (GOOD) CONTACT

Welcome to the Gordon Family Golf Center, a state of the art practice and family golf recreation facility where you're not only improving your game...you're part of a club. New programs for the 2010 season includes a full clinic schedule for men and women with junior events scheduled throughout the year. Call us or stop by!

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CONGRATULATIONS TO MATT GORDON & FAMILY ON ACQUIRING BECKELMAN'S DRIVING RANGE ON RTE 589 JUST OUTSIDE OF OCEAN PINES.

Bob Beckelman was recently named Director of Golf & Instruction at Deer Run Golf Club and handed over the reigns to the practice facility on Racetrack Road to his good friend, Matt Gordon. Matt was a perfect fit to take over. A former assistant pro at Ocean Pines, Beach Club and Nassawango, he has been around the game and teaching for many years. He is enthused about the opportunity to continue growing the facility. His plans include lights for after dark usage, putting surface and chipping stations. First time customers get a free bucket good through March 2010!



(l-r) Matt, Hannah, Luke & Kathryn



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OCEAN CITY ELKS COATS FOR KIDS

On Saturday, December 12th, eighty three players helped to raise hundreds of dollars for a very worthy cause. 100% of the proceeds went to benefit children in need in Worcester County. The Ocean City Elks would like to extend a special thanks to Walmart, and players for helping to keep the children warm this winter.



WINNING TEAM
JIM SPATARO, DON LOMBARDI, GEORGE BILBO



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Now that we all have new irons, new wedges, and a new driver, lets talk about what many believe is the most important piece of equipment in the bag. No not the ball retriever or the cooler pocket on your bag....The Putter.

As Odyssey golf points out "You Live or Die on the green". The new White Ice putter line from Odyssey features a new multi-layer insert to enhance sound, responsiveness, and consistency. The White Ice was developed with extensive feedback from Tour Professionals. It features a sweet-looking dark nickel finish to give Tour-proven looks with Tour-inspired feel.

Nikes new Method putter has been talked about for years and used on the PGA Tour to win 2 majors, and now it will finally be available for the rest of us. The Method putter features a revolutionary Poly-metal groove which starts the ball rolling forward faster and straighter as well as feeling fantastic. These five new models will deliver the accuracy and consistency demanded by amateurs and Tour pros alike.

Last, but definitely not least is Scotty Cameron's new California line. Where artistic design meets high-tech engineering, with a misted honey dipped finish complemented with translucent merlot and french vanilla paint fill, they look as good as they perform.

So, even if you still three putt once in a while, Ruddy's Golf will at least make sure you look good doing it.

MISGA BY RICK BISKER

Nassawango Golf Club has joined the MISGA association and will begin participating in April of 2010. We welcome Nassawango back to the MISGA golf program. The weather has not been very good for the Winter Interclub Shore Golf Associates (WISGA) which started in early November and will finish at the end of March. Due to wet conditions, only one outing was able to be played. The rest of the schedule for WISGA is listed below:

1/7 Man O' War
1/14 Green Hill
1/21 Bear Trap
1/28 Ocean Pines
2/4 Ocean City
2/11 Elks
2/18 Ocean Pines
2/25 Great Hope
3/4 Deer Run
3/11 Bear Trap
3/18 Cripple Creek
3/25 Nutters Crossing

MISGA members play a two man best ball of four with preferred drive with a shotgun start at 9:30am. If you have not signed up at your club to play by the Monday before the outing, call the host club to see if there is room for you to play.



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DPGA LOOKING FOR MORE CLUBS TO JOIN THE ASSOCIATION



Talk to your golf members and golf pro to see if your club might be interested in joining the DPGA. For the club cost of \$200 (\$50 to scholarship program), your club will have the following benefits:

- Allows Junior Members access to the scholarship fund.
- Provides a golf activity schedule so those Club Events do not compete with other clubs.
- Club officials are given courtesy cards allowing gratis green fees at other Member Clubs. Three courtesy cards are issued to each Club and visitation is limited to three times per year.
- All golf members of club are eligible to compete in DPGA events and Club invitationals.
- Directories are updated and provided to all Clubs annually.
- A summer junior program allows all Member Clubs an outlet for its junior members to compete against other Clubs.
- All Clubs have an opportunity to sponsor Club Events and DPGA Events with guidance and financial aid from the DPGA. Financial aid is limited to DPGA Events.
- All Clubs have an opportunity to compete against each other in the "B" League Competition (handicap 6 and above).

Contact Jack Slayton at 410-749-6685.

For more information <http://home.comcast.net/~dpga-golf>

DPGA SCHOLARSHIP COUPON BOOKS AVAILABLE

As high school seniors start planning how they are going to pay for their first year of college, many look for local scholarships to aid their financial needs. The DPGA has had a program to offer scholarships to deserving students on the eastern shore for many years. An application and the requirements for the submittal for a scholarship can be found on the DPGA website (<http://home.comcast.net/~dpga-golf>) or at any DPGA golf club.

To help fund this scholarship program the DPGA offers discount golf books for sale to golfers to enjoy a discounted golf outing and the good feeling that they are helping some deserving student receive a scholarship. Coupon books are \$40 each and have over 30 golf clubs participating in the book with multiple plays (see the DPGA website for a list of clubs participating). Coupon books can be purchased at the following DPGA clubs: The Elks and Nutters Crossing in Salisbury, MD; Sussex Pines in Georgetown, DE; Easton Club and Hog Neck in Easton, MD; Great Hope in Princess Anne, MD; Winter Quarters in Pocomoke City, MD; Eastern Shore CC in Onancock, VA; Maple Dale in Dover, DE; Seaford CC in Seaford, DE & Clearview at Horns Point in Cambridge, MD.



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*Rounds to be played Monday - Thursday (excluding holidays). Weekend play available 24 hours in advance at discretion of each club.

A GAME OF *e a s e . . .*



A while back I had a student repeat a phrase she heard from another golf instructor, "Golf is not an easy game, but it is a game of ease".

Well, golf is like throwing darts. It's not how hard the dart hits the board, but where it hits the board. You're not trying to hit your 7 iron over the green. You want to hit your shot to a specific part of the green.



While you may hear the television analysts mention how far the pros are hitting their clubs, quite often you're not getting the whole story. The shot may be down hill or downwind. They do; however, get the most out of their energy output. Translation: they create efficient velocity.

Efficient velocity is the ability to create club head speed with minimal effort. To create efficient velocity you must first realize that loose arms travel faster than tight arms.

Imagine a baseball pitcher trying to throw a ball with his hands tightly clenched on the ball and his arms tightened to show his muscles flexing. The ball would travel about four feet and straight into the ground.

The key to creating efficient velocity is to use your larger, more efficient muscles to swing your arms and club into motion. Once you get set, let out a slight breath to let the tension slip out of your arms. Begin your swing by turning your inner-upper body away while keeping the tension level low in the arms. After you sense the weight of the club setting near the top, the

next move is to begin the forward swing by rotating your hips and letting that motion sling the arms and club through the bottom. What you'll feel is a pulling sensation of the arms as opposed to a hitting or slapping of the ball. You should feel some elasticity within your body and through the arms. If your hips are truly creating the swinging motion, you'll feel the complete follow through finish. If you don't feel like you're getting to the complete finish, it's a good sign that your arms are working too hard.

One way to get a feel for this swinging motion is to swing a Momentum (heavy club) or two wedges together (your heavier clubs). Start by holding the heavy clubs straight out in front of you so that you can feel the weight of the club. Then set the club so that you are supporting the club from directly under the weight. The club should be vertical at this time. Then from a setup position, swing them back and through letting the momentum of the weighted clubs set the path for your arms and feel that at the top of the back swing you are getting under the weight. From there, make a hip turn and let the arms and club fall through the bottom and get under the weight of the club at the finish. From shoulder to shoulder, you should be feeling the momentum of the weight swinging without interference or help from you. Next, hold a regular club by the finger tips and feel the same free-swinging motion. Then, hold it with your normal golf grip and feel the weight swinging. Now you are truly swinging the club as opposed to hitting with the club. If you can't feel the weight swinging, you're too tight!

OCEAN CITY GOLF *Getaway*

For close to 20 years Ocean City Golf Getaway has lead the charge into making Ocean City one of the busiest golf regions in America, which in turn, has helped grow the local economy tremendously. Local hotels, restaurants and golf courses pool their monies together to ensure continued growth. One way is targeting the Philly-NJ-NY golfers through radio commercials that run on sports talk radio, and the number of golfers keeps growing.

"The 2010 numbers (pre booked rounds) are already at a 6% increase over 2009's spring numbers," President Michael Cleary ensures. With Mike at the wheel it is no wonder why OC Golf Getaway is a success. Mike grew up in Youngstown, Ohio and vacationed in Ocean City with his family as a child. He still has fond memories of his mother here in OC. His Mother Carol loved golf and taught him the game of golf when he was young. She would take him to the range with her to spend quality time with her boy. Unfortunately, Carol passed away when Michael was just 16. Although he was crushed, Michael stayed strong and remained focused. He later became a successful stock broker before making Ocean City his permanent residence in 1995. For the past 15 years Michael has been working in the golf and hospitality business. First, as an assistant pro at OC Golf club,

then as The Director of Golf at the Princess Royal Hotel and for the past 12 years with OC Golf Getaway. He is quite a player too. He has passed his P.A.T (PGA player ability test) 3 times, has 3 hole in ones and a career low round of 66. Mike and OC Golf Getaway know all aspects of golf and the hospitality it takes to keep the customers happy and coming back for more!



GOLF QUOTE

NINETY PERCENT OF THE PUTTS THAT FALL SHORT DON'T GO IN - YOGI BERRA



GOLF JOKE

Golfer: "I've played so poorly all day, I think I'm going to drown myself."
Caddy: "I doubt that. I don't think you could keep your head down that long."

Golfer: "I'd move heaven and earth to be able to break 100."
Caddy: "Try heaven, you've already moved most of the earth."

Golfer: "This is the worst golf course I've ever played on."
Caddy: "This isn't the golf course, sir we left that a half hour ago."

Golfer: "Well caddy, how do you like my game?"
Caddy: "Very good sir, but personally I prefer golf."

Golfer: "Well, I have never played this badly before."
Caddy: "I didn't realize you had played before, sir."

Golfer: "Please stop checking your watch all the time. It's distracting."
Caddy: "This isn't a watch, Sir, it's a compass!"

Golfer: "This golf is a funny game."
Caddy: "It's not supposed to be."

Golfer: "Do you think I can get there with a 5-iron?"
Caddy: "Eventually."

Golfer: "You've got to be the worst caddy in the world, he screamed."
Caddy: "I doubt it. That would be too much of a coincidence."



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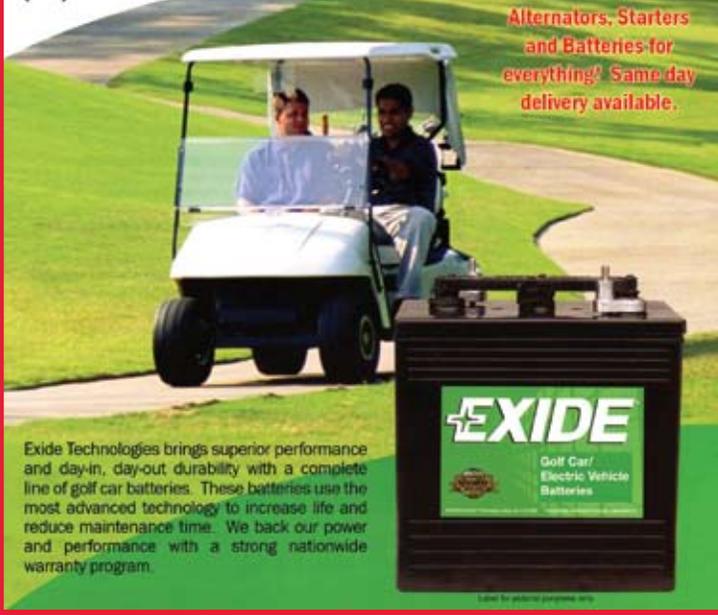
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GOLF'S UNSEEN HEROES

BY JOE PERRY

WINTER COURSE MAINTENANCE

JOHN KOTOSKI, CGCS
RIVER RUN GOLF & COMMUNITY



Winter has set in and the turf has gone dormant, and most golfers have put away their clubs for the season. But the golf course staff is still performing maintenance tasks to the course during this time of the season. The cold and relatively dryer winter months allow staff to engage in maintenance tasks that otherwise would be difficult to perform during the playing season because of bad weather or heavy play. Here are some examples of maintenance items that would be performed during the winter.

TREE PRUNING/REMOVAL

A majority of golf courses on the eastern shore have trees that add some character to them. In some cases it may be a single tree near a green or along a fairway or it may be a grove of trees lining an entire hole. Trees can not only affect the shot value of a hole by being strategically placed so that a golfer must make a choice on which way to play a shot but they may also affect how well the turf will grow. Turfgrass requires 6-8 hours of sunlight to do well as an acceptable playing surface. With this in mind, trees will require yearly maintenance to remove low hanging branches and dead wood or shaping of the entire canopy. Root pruning is also performed with the use of a trencher to trees roots that are growing beyond their drip line. There will also be cases when trees that have become too large for their location and are causing too much shade and reduce air movement to the turf. In these cases they will have to be completely removed.

BUNKER MAINTENANCE

During the golfing season, bunkers will typically be raked daily depending on the amount of play a course receives. A typical 18 hole course may have on average 75 bunkers. So during the winter months bunkers will receive some extra maintenance care. Re-defining the edge of a bunker with the use of a power trimmer is common. Adding 4"-6" of sand back to areas of the bunker where it has been blasted out by golfers during the season. Removing sand that has built up on grass faces from golfers blasting out of the bunker and lastly, correcting any drainage issues by repairing or adding drain lines in the bunker.

DRAINAGE

Usually after a wet golfing season, poorly drained areas on the course will show up that affect play and cause the turf to thin or die. These wet areas are usually easier for staff to get into and work on in the winter when the ground is drier and in some cases frozen. Typically a 4" slotted corrugated plastic pipe is used in most applications. In circumstances when a lot of water needs to be removed, 6" is used. Sloped trenches are usually dug 18" deep by 6"-8" wide for a 4" pipe. The pipe is placed in the trench and then covered with pea stone up to the top of the trench. In some cases the turf will be allowed to creep back over the trench or sod will be placed over the trench in the case of a green drainage application.

IRRIGATION

On the Eastern Shore courses will gravity drain their pump station and piping system for the winter months to protect them from freezing. Pump stations themselves need to have electronics inspected, pumps checked for wear and their motors need to be lubricated. Also there will inevitably be areas on the course that are going to require extra water because of lack of coverage from sprinkler heads. Winter is a great time to install new pipe and add additional heads to these areas.

COURSE EQUIPMENT

A typical 18 hole course will have in inventory from one to five million dollars worth of equipment. During the season, a typical fairway mower will travel the equivalent of 25,000 miles and a greens mower will average over 10,000 miles. So it is very important for the course mechanic to inspect and carry out his winter maintenance plan on every piece of equipment. Some of the maintenance tasks he will perform include: grinding reels, rotary blades and bed knives; oil and filter changes; brake inspections; grease and lube; hydraulic mowing system inspection; engine belt and hose inspection and painting of equipment.

CART PATHS

The average 18 hole course will have 5-7 miles of cart paths running through it. So the winter allows the staff to inspect the paths for pot holes or for sections that may be in need of repair or replacement. Also the turf will need to be trimmed away from the edges of the path to keep a nice crisp edge. Any yardage markings that are installed on the paths are also checked or repaired at this time or in some cases additional ones are added. There are also cases where a club may add additional paths to areas where the turf has become worn out due to cart traffic. So a paving contractor may be needed to come in and install the new path.

So when winter sets in and you have put your clubs away for the season, remember that the golf course staff continues to maintain the course for the enjoyment of all that play it.



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GEORGE ROY

UMES Update!

George Roy is 26 years old, and was born in Charles County, Maryland. He wrestled and played baseball for 18 years, but didn't step foot on a golf course until he was 22. Unlike all other sports, golf offered George a challenge on a mental and individual level, which he had never encountered in any athletic program. Since he had always excelled in sports, he took the challenge golf offered head on. About 2 years ago George started playing seriously, and entered a men's league and played in a few amateur tournaments. As his scores have gotten lower, his obsession with the game has been on the rise.

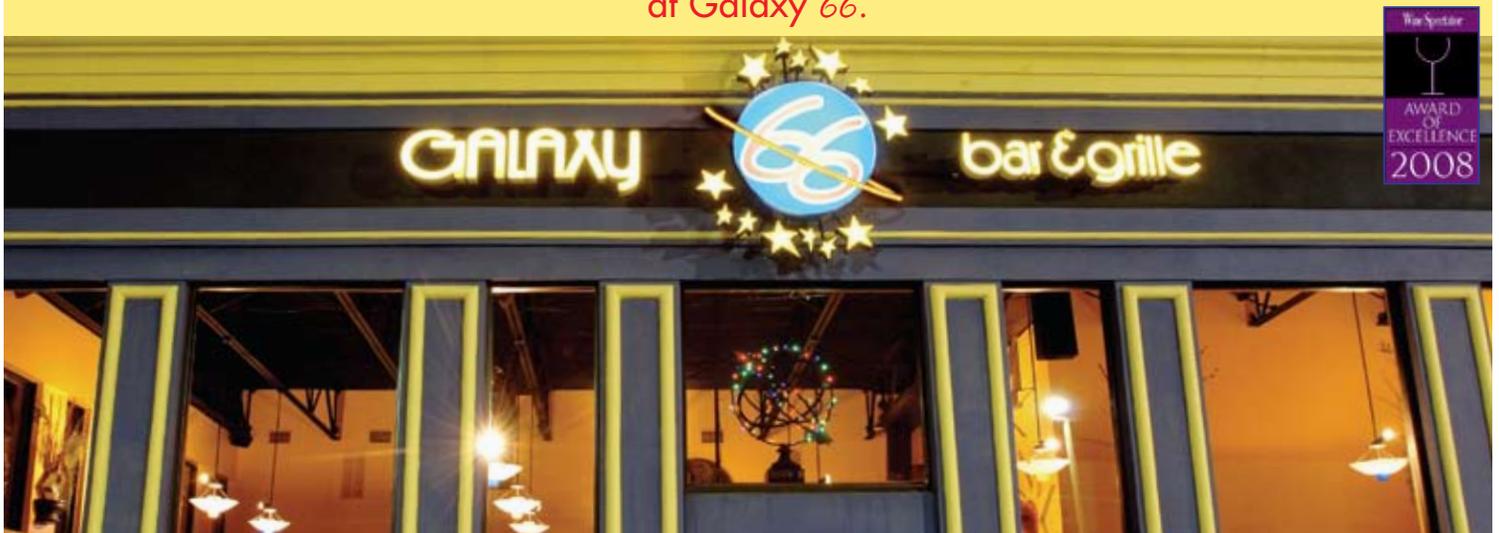
George started his own business at the age of 18. His company does auto-paint restoration for car dealerships. George stated, "While the money is good, it's not my dream job. I heard about golf career schools that offer 16 month programs, but was skeptical of career opportunities after program completion. Then I got a call one day, about an article in **"Eastern Shore Golf Magazine"** that featured some information on the new PGA Management program at University of Maryland Eastern Shore. Less than 6 months later, I was enrolled and attending UMES. My first semester here

has been nothing short of awesome. With Billy Dillon and Chris Prosser here as mentors, my knowledge of the game, and the industry as a whole, has been greatly enhanced. Attending this program is a decision I wish had been made years ago. I'm looking forward to my education and opportunities through internships. I may not know exactly what job I want to hold within the PGA, but I know for sure this is the industry for me. With the PGA Management program at UMES, each day brings me closer to the career of my dreams."

■ BY BILLY DILLON, PGA

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GOLF FITNESS

My last article dealt with nutrition and hydration. Now I would like to address the issue of weight loss, which can be important to all athletes, not just golfers. Lets list some of the inappropriate methods of weight loss - spot reduction(exercising specific body parts to reduce fat in that area), saunas, vibrating belts, body wraps, electric stimulation, sweat suits and fad diets (fasting, etc.). None of these will produce long term weight loss. There is a saying among nutritionists that is as true today as it was yesterday - calories in versus calories out. Simply put, it means if you take in fewer calories than your body requires, you will lose weight. If you take in more calories, it will be stored as fat.



DR. PETE ZEMO

As a rule, a good diet for most individuals will be composed of 55-60% carbohydrates, 10-15% protein and 25-35% fat. Exercise should be an integral part of any weight loss program. Remember, it takes a 3500 calorie loss to burn one pound of fat. I counsel my clients in the following fashion - and this is just a schematic - if you burn 250 calories per day with moderate



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exercise and reduce your caloric intake by 250 calories per day, in one week you would have a 3500 calorie deficit (7x500). You would be losing one pound of fat per week. Most authorities agree that for long term weight loss, you should not lose more than one to two pounds per week. The above formula can be tweaked to increase or decrease weight loss. As I mentioned before, some people may require consultation with a registered dietitian, especially if they have concomitant medical problems. Remember, there is no "quick fix" for weight loss. Decreasing caloric consumption and increasing caloric expenditure through exercise remains the most effective method for long term weight loss and maintenance.

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CHASE T. BROCKSTEDT

SHORE UP! WITH YOGA!

The world's greatest athletes and the people charged with helping them maximize potential are praising the benefits of incorporating Yoga into their routine. This system of disciplined exercises promotes control of the body and mind, a balance necessary for golfing success. To begin the New Year and facilitate preparations for the competitive season, we asked an expert in Yoga for Athletes to share her wisdom with the ESGM family.

Karen Dubs, RYT is the creator of The Flexible Warrior DVD Series and teaches private lessons and small group training sessions to athletes at PerformFit in Towson, Maryland. She has worked with the Baltimore Ravens as well as the Maryland Basketball team and has clients across the sports spectrum. She identified several specific benefits golfers can achieve by cross training with Yoga: 1) increased range of motion and swing power, 2) improved body mechanics, breathing, focus and alignment, 3) reduced injuries, back pain and stress.

She reported that more golfers are discovering that flexibility and strength are as important to their golf swing as proper body mechanics. An avid golfer of over 25 years that does private Yoga sessions with Karen Dubs stated that his golf game improved about the same time he started his Yoga routine. He credits the focus on the core with adding balance and rhythm to his swing.

The non-competitive season provides a great opportunity to improve performance and Yoga can be easily integrated into the regular routine. Many health and fitness clubs offer lessons and there are also several instructional DVD's that can be practiced at home. Our expert Karen Dubs has recommended 6 exercises with practice tips, and photos of each can be found on the Internet.

- 1) Downward Dog with calf stretch variation
- 2) Side Plank
- 3) Triangle
- 4) Tree
- 5) Reclined Pigeon
- 6) Reclined Hamstring

Practice Tips: 3-5 times a week, ideally after your regular workout. Move slowly and deliberately from one pose to the next. Do not force a stretch! Doing so will only tighten muscles or result in injury. Hold each pose for 5 -10 breath cycles before moving onto the next stretch. Focus on full diaphragmatic breathing to open the body and calm the mind.




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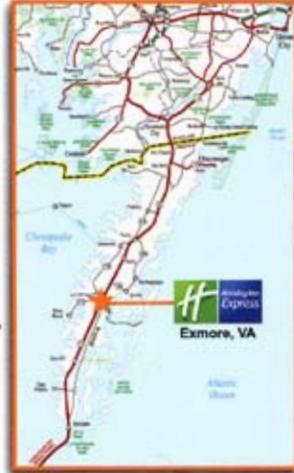
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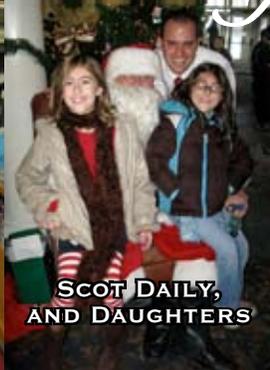
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The Swing or the Clubs?

The Eastern Shore is a golf rich area and we are surrounded by friends and family who enjoy playing the game all year round, regardless of the weather. Why, you ask, would an article discussing Money Matters be talking about golf? Allow me to explain.

Throughout my 24 years as an Investment Advisor I have found the use of analogy's to be extremely helpful in conveying complex financial "jargon" into simple and understandable information for my clients. The game of golf I believe provides an excellent analogy for those concerned about wisely managing their money.

Golfer or not, we all know Jack Nicklaus, the most accomplished golfer of all time. It's also fair to say that we all know of the prestigious Masters Golf tournament held each April among the blooming azaleas and dogwoods of Augusta, Georgia. Winners of the Masters are awarded a check over seven figures, a distinguished green blazer and most significantly, lifelong recognition worldwide as a Master's champion, placing them shoulder to shoulder with the greats of the game.

Now imagine you are given the opportunity to play in the Masters tournament for all the money and prestige. To greatly enhance your chance for winning you are given a choice. The choice; play the tournament using "Your Swing" and Jack Nicklaus' clubs OR play using "Jack's Swing" and your clubs...which would you choose? Since few of us possess the finely honed swing of Jack Nicklaus, the choice is rather obvious, play using Jack's swing and your clubs.

As we begin a new year, golf magazines will be touting the "Hot New Items" for the coming year and likewise, Financial magazines will be luring us with reports of last year's "Hot Investments / Funds" both attempting to entice our hard earned money in their direction. These clubs are better than those clubs and from the financial side our funds are better than theirs or our "guru" is a better theirs. Still you ask what does this has to do with sound money management. With our obvious choice of playing the Masters using Jack's swing and your clubs to give you the best chance of winning my analogy is this;

The Swing represents your Financial Plan and the Clubs represent the Products you invest in to carry out your plan.

The problem we see in both financial planning and golf, due to the massive marketing budgets of both the golf companies and Wall Street is, we tend to focus our attention to the "clubs" or "products" and not the "swing" or the "plan". Unfortunately many financial advisors and their firms are "club" focused as well.

Attend any PGA golf tournament and visit the practice range where players warm up before their rounds or come to work out problems after their rounds and what you will see are the most accomplished golfers in the world working diligently with their instructors to finely hone and tweak their swings. Sure the clubs they use are important but without a consistent, repeatable swing these top flight players are reduced to amateur status like the rest of us.

During 2009 I was struggling mightily with my own game, slicing badly, losing distance on all my clubs and really not enjoying a game I have played for 40 years. I pounded hundreds of practice balls on the range thinking I could work out my problems without results. Finally, I thought the answer was to pull out my issues of golf magazine which highlighted all the "new technology" in golf clubs and bite the bullet by buying a new set of clubs. Technology had passed me by I thought, using my 10 year old clubs, and "hot new clubs" would certainly fix my game.

Fortunately before taking the plunge for a new set of clubs I had a moment of clarity. Why not apply the very same analogy I use for financial planning to golf! Perhaps taking my own advice of focusing on my swing and not some jazzy new clubs was the answer...the PGA players do it, why shouldn't I. Rather than throwing money at my problem by getting new clubs, I instead invested my money in lessons from Dennis Winters a local professional to fix my swing (plan) and then made an investment of my time to practicing my new swing so it would hold up, not just on the range but on the course during play. I'm pleased to say that after some 4,000 practice balls struck over two months, engraining my new swing, my game is better today than any point in my 40 years of playing.

Still, what's this have to do with your financial plans? Once again the massive marketing machine that is Wall Street gets many investors blinded by the shiny new clubs (products) being offered enticing

them into throwing their hard earned money into products that don't compliment their financial plan. This type of an approach I refer to as "club" focused planning. These products sound good but most often bring in added risk to a portfolio which when times get tough, as they did in markets over the past few years, cause us to act carelessly often on emotion resulting in a deviation from your goal.

Consider instead a financial plan which is "swing" focused. Constructing a financial plan which is properly diverse, satisfying your ability, need and willingness to take risk can help you to achieve the financial goals you have set for you and your family. By focusing on the "plan" and meeting with your advisor, just as the tour professional meets with his instructor, to hone and refine your plan periodically you can build a "swing" which will hold up through even the toughest times, keeping you on track to your ultimate goals. Once built, and you have a "swing" designed to meet your unique goals, should you then venture out into the investment world to select the "clubs" which are suited for the job.

Throughout this past year which began with me encouraging friends to ride out the storm, we have seen some significant recovery in the markets. During these tough times however some of my most gratifying moments came when clients whom have adhered to the "swing" focused planning we employ and discussed above, paid us compliments to assisting them in riding out this financial storm with a lot less worry.

In conclusion, for those of us beginning the New Year resolving to get a better handle on our finances or retirement planning, consider making the investment of your time with a professional qualified to help you hone your "swing", FIRST, before you throw your money at the blinding glare of those shiny new "clubs", doing so will reduce the worry in your life and help you enjoy playing golf even more!



Matt Repass
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