

EASTERN SHORE GOLF MAGAZINE



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2023

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A Story of Friendship and the Gift of Life.

Matt Gordon, PGA | Bob Beckelman, PGA



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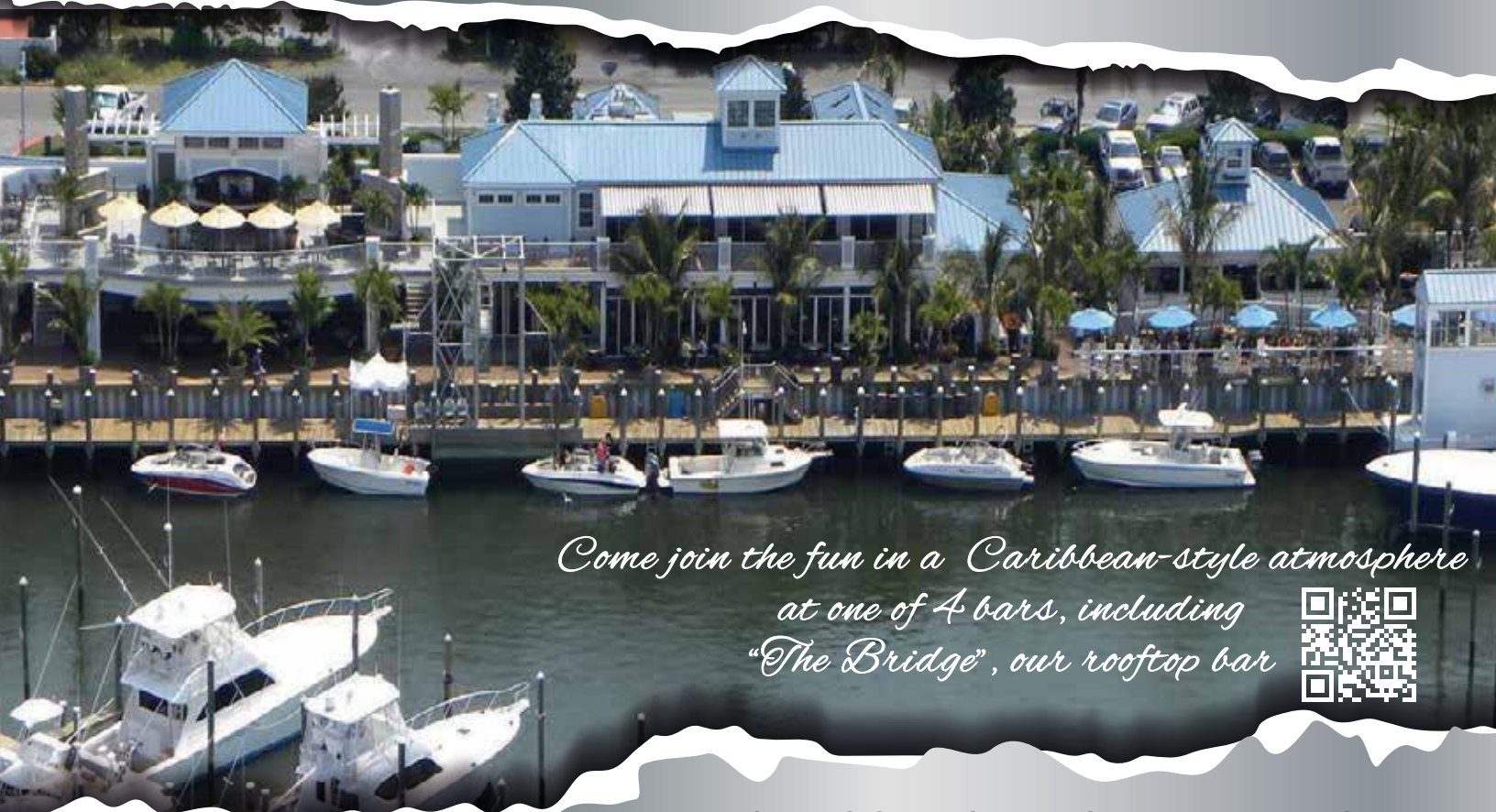
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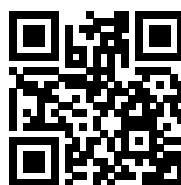
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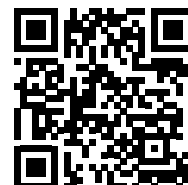
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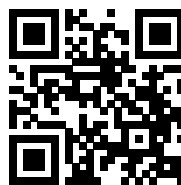
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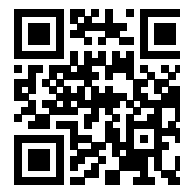
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CHA FAMILY | HOLDEN CHA | STACY CHA | DELANEY CHA | TAE CHA | CAMERON CHA

New beginnings are a funny thing. With the changing of seasons from spring to summer, and from school graduations to entering new eras of life, something new is always on the horizon. For myself and for my family we have been presented with a new opportunity that took us by surprise but is also something that we are extremely grateful for. Welcome to a new age of the Eastern Shore Golf Magazine.

When I graduated from Journalism school in Galway, Ireland a year ago, I never expected to be running a business with my family. Sometimes things fall into place and I believe that this is one of those things. I think new beginnings is the perfect way to describe this new issue of the magazine. We have stories here that shaped people's lives and gave them a second chance at life, a new beginning. Perhaps a rebirth, maybe even a renaissance of ESGM. I am incredibly proud of the stories that were told and the people that inspired them.

In this issue, we focus mainly on the power of friendship and love, which come in the form of sacrifice and respect. Our cover story, featuring Bob Beckelman, PGA, and Matt Gordon, PGA, encompasses all of those traits. Longtime friends Bob and Matt pushed the bounds of what their friendship means to each other when Bob discovered that he needed a kidney transplant. Matt stepped up to the plate and donated his kidney to Bob. Another version of this story is told through the Eastern Shores very own, Harold Baines, who was the recipient of both a heart and kidney transplant.

Organ donation is something that my family and I are extremely familiar with. For as long as I can remember, my father has had issues with his kidneys. He has received three kidney transplants from living donors: the first from his sister in 1997, the second from his brother in 2008, and the third from his best friend (who is more like a sister) in 2020. These acts of selflessness and pure generosity allowed me to continue to have a father and a complete family throughout my entire adolescence and through the beginnings of my adult life. They are the true heroes of this story and they are the reason I have a father. They gave my father multiple new beginnings and we are forever grateful and indebted to them.



I hope you enjoy reading the stories in this magazine and continue to support us as we explore this new beginning and new age together. Thank you to Holly and Ray for giving us this opportunity. We are eager to build upon their foundation and continue to make this the best golf magazine possible.

Warmest Regards,

The Editor
Delaney Cha

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Eastern Shore Golf Classic
@River Marsh Golf Course

8/18th Pro Youth Tournament
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8/18th Swing for a Cure St. Jude's
@Queenstown Golf Course

8/28th UMD Shore Regional Health Tourney
@Talbot Country Club

9/8th Jacob Sloan Foundation
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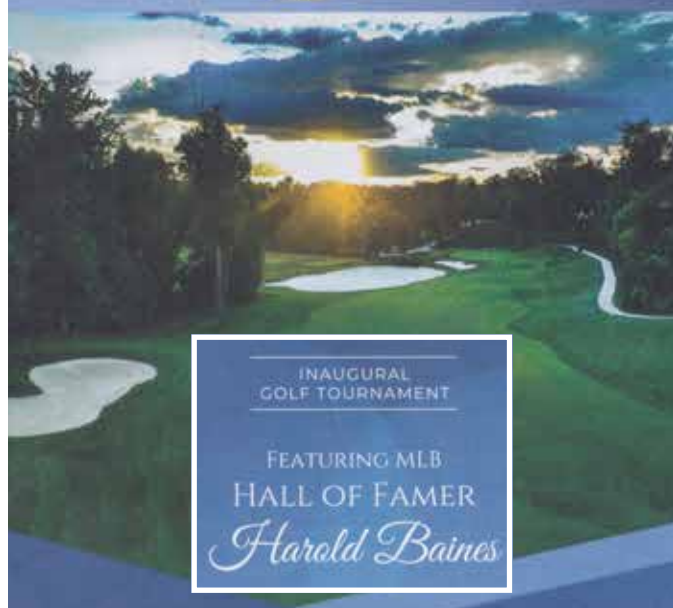
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Harold Baines

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~HANK AARON~

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The Ultimate Mulligan:

A STORY OF FRIENDSHIP AND THE GIFT OF LIFE.

by: Delaney Cha

When Bob Beckelman, PGA, and Matt Gordon, PGA, met at Ocean Pines Golf Club in 1994, nothing could have prepared them for the everlasting bond of friendship they would share forever: a kidney.

Bob and Matt became friends in 1994 when they were both working together at Ocean Pines Golf Club. Bob was pursuing a career in Professional Golf Management and Matt worked at Bag Drop. As time went on, their lives would remain interconnected throughout the golf world, with Matt becoming Assistant Pro to Bob years later. In 2022, Bob found himself back at Ocean Pines and Matt is Assistant Pro at Glen Riddle.

Bob was diagnosed with Polycystic Kidney Disease, an inherited genetic disorder that passes from parents to children.

"Polycystic Kidney Disease is the genetic disease that my family has. It is really prevalent in my family for some reason. Usually, it is a 50/50 gene, but for my family around 80% of my relatives have it.

"My father and two of his brothers had polycystic kidneys, and four out of five of my own siblings have polycystic kidneys. I have nieces and nephews who were diagnosed as well. I have two sisters who had received kidney transplants before me."

Polycystic kidney disease is a slow-progressing disease where numerous cysts grow within the kidneys. The cysts are usually filled with fluid and continue to develop over the years, often overtaking and replacing much of the kidney. The damage done to the kidney from the cysts ultimately leads to kidney failure.

In 2019, Bob was told by his doctors that his kidney functions were dropping.

"I knew I was getting close. I was watching my numbers and I started to go down below 20% functioning and I knew something was going to happen soon."

His kidney doctor was affiliated with the University of Maryland medical system which is the host of one of two main transplant centers in the Maryland. The other one is Johns Hopkins Medicine.

"I chose to work with the University of Maryland for two reasons: they highly advocated finding a donor before I reached the point of dialysis. To me that was a big bonus; I did not want to go on dialysis, nobody wants to go on dialysis if they can help it. The second reason was that the doctors were open to removing the native kidneys."

After meeting with the transplant doctors, they told Bob that he needed to start preparing for a kidney transplant and, if possible, to find a donor who was willing to undergo surgery. In an effort to find a kidney, Bob's wife took to social media. Within a day, Matt responded.

"They highly recommended that I start looking for a donor now. They thought I probably had about a year or two before I needed to go on dialysis or get a transplant," said Bob.

"At this point, [my wife and I] decided to reach out to friends and family first. My wife sent out a Facebook post that basically said 'If you are interested in a transplant, go to this site'.

"Matt saw the post, called me up, and said 'Take it down, I'm in'."

Over the next few weeks, Matt would be "poked and prodded" with needles for blood work and other rigorous health tests. He was denied.

"I had a few other people reach out to me and said that they were interested in donating, but Matt was gonna be my guy. Going through the tests, I was a good candidate for transplant and he was a good candidate to be a donor except for high blood pressure. So his processing fell through.



DonateLife.net

"Another friend of mine up in Pennsylvania started testing as well and he passed. The only problem was that he was not a direct match for me. They try to match the donor to the recipient as best as they can to reduce the possibility of rejection. Family members are best, or people with the same blood type, and other factors."

Bob's doctors told him that they were going to attempt something that is called a swap. A swap is a process of continually testing other living donors for other patients until matches are made between the donors and the recipients. This can sometimes involve multiple swaps to find the right match and can take upwards of a year to complete if successful.

"Towards the end of the year, my doctors were getting ready to schedule a procedure to get me prepared for dialysis because my numbers were going down. I hadn't heard anything about the swap so I called my doctor and asked what was going on.

"My doctor said that for whatever reason, no match was popping up for a swap and he recommended that I look for another donor."



BOB BECKELMAN, PGA AND MATT GORDON, PGA

In November 2019, Bob and his wife took to Facebook again.

"SO MY WIFE REPOSTED. MATT RE-RESPONDED AND SAID THAT HE HAD TAKEN CARE OF HIS ISSUE WITH BLOOD PRESSURE."

"The day that the post was made, the following Monday, I was up doing testing," said Matt.

Matt was cleared to be a donor and in December 2019, the transplant surgery was scheduled for January 2020.

"Our surgery was scheduled for January 13. We went ahead and did the transplant and it went great," said Bob.

"During our pre-testing, we found out that we were a 90% match for each other for both tissue and blood," said Matt.

"We were brothers from another mom," Bob said. "I don't remember a ton of the surgery but I remember us meeting in the morning. Matt went into his surgery first, which was successful and then it was time for my surgery."

"They took Matt's kidney out and prepped it for transplant, then in my surgery, the doctors took both of my kidneys out, put Matt's kidney in. I wake up the next day and Matt is in the luxury donor suite down the hall. I'm hooked up to tubes, Matt was partying it up with the nurses."

Matt recalled, "I walked down to see you the next day."

Matt spent about three to four days in the hospital before he was discharged, while Bob stayed a little bit longer. During Bob's surgery, both of his native kidneys were taken out, effectively making him lose around 25 pounds from the combined weight of them alone. The average weight of one kidney should be around a quarter of a pound to half a pound.

While the idea of transplant surgery seems incredibly daunting, both men said that the surgery was relatively easy.

"The doctors do a really good job at taking care of both patients," Bob said. "It's a relatively safe surgery, a relatively easy surgery for the donor."

"I've had invasive surgeries in the past, with ankle reconstruction and things like that. Very invasive, a lot of downtime, a lot of recovery time," said Matt. "This wasn't. I had to be careful for about three weeks as things shifted back into place. I took it slow, built back up, and then was fine."

"A donor is an incredible gift," said Bob. "If people are scared to donate, or are scared of the operation, and think it's a huge horrible procedure, I can tell you from my end that I don't think the surgery was that bad. I wasn't in that bad of pain. I was certainly restricted in what I could do."

"To save someone's life through donation is just an incredible gift. The doctors are also incredibly good at it. The surgery was never a concern of mine. I'm more scared of going to the dentist, honestly. It was like 'Well I need this done or I'm going to die' so what was the point of being scared, I was gonna die anyway."

As a living donor and recipient pair, both have undergone the ultimate trial of friendship. Their dedication to each other and the mutual love shared between the two have allowed them to create an impenetrable bond for the rest of their lives. And while both are grateful for the experience, both see themselves as advocates rather than campaigners for living donor transplants.

Matt explains, "I don't talk about it much. If it comes up in conversations then it's something I will advocate for. I don't walk up to someone and say 'Hey, I'm an organ donor, you should be too', it was just something that I felt was something that I needed to do that I could do and it was the right thing. People will say things and I just say okay. If asked, I would certainly explain, but not something I share a ton of."

Bob also explained, "If someone called me and asked me about donation, I would be all over it. I'm not one of those people who shout from the rooftops for someone to be a donor. It's a very personal choice to be a donor. I love giving people the facts about donations, especially the ones that I know from experience, not from what someone has told me. It is huge to be an advocate for yourself as a patient. So an advocate? Yes. A campaigner? No."

This past January, Matt and Bob celebrated their three-year anniversary of the transplant surgery, a small measurement of time in their 30-year friendship, but a moment that will always have an impact on both of their lives.

"I was hugely relieved, that someone like Matt, who I consider a son, brother, cousin, friend, all the family wrapped into one, was the donor because it made it easier. We had done so much for each other already," Bob said.

"Every anniversary, I send Bob the same message," spoke Matt. "Press 1 if you would like to renew your kidney subscription. Our lives have always been intertwined. I've watched his kids grow up, just like he has with mine. It's just like family."



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by: Tae Cha

@SUNSET GRILLE

It's 5 pm, and many seasoned charter boats are headed back from the ocean. I am sitting at Teaser's, an outside bar, waiting for my table to be set. I have a cocktail in my hand, live music is playing, and amazing sights are around me. I gaze down along the piers, watching the fresh catch of Tuna, Mahi Mahi, White Marlin, and many other types of seafood. I'm at Ocean City's premier marina and also at one of the largest and most successful restaurants in Maryland: Sunset Grille.

Tucked away in West Ocean City, on the far end of Sunset Avenue is the first ever two-time award-winning, "Favorite Restaurant of Maryland", Sunset Grille. Sunset boasts approximately 550 seats and is open seven days a week in the summer till 2 am. Reservations are highly recommended. This place is an Ocean City mecca. In 2015, Buddy Trala, owner of Sunset Grille, won the most prestigious distinction of "Restaurateur of the Year" awarded by the Restaurant Association of Maryland.

Buddy grew up in Virginia and attended Salisbury University. After graduation, he worked at Ember's restaurant for 14 years. He then got the chance to run the restaurant at Frontier Town for nine years. Eventually, he was approached by the owner of Sunset Marina to take over Fathom's restaurant. He changed the name to Sunset Grille, and made several key moves to make this restaurant unforgettable.

One key to Buddy's success is his team. For the past 19 years, Sunset Grille has had the same three managers, the same three chefs, and sous chefs. The managers keep the staff running like an orchestra. The teamwork and camaraderie with everyone from the busser to the chef is evident. The wait staff is professional, knowledgeable, and friendly. The bartenders are attentive and masterful at their craft. Buddy loves talking about the "machine" that the kitchen is and is very proud of his chefs. Executive Chef Michael Rabideau has been with him since the beginning.



Michael enjoys talking about the sourcing of the food, especially the seafood. The seafood is brought in locally every day. He tries his best to source locally for all his provisions. These fresh ingredients are used to prepare all the house-made sauces and dressings.



He is proud of his ever-changing daily specials. He has four lunch and dinner specials created daily, along with the full gauntlet of his mouth-watering menu. Michael says, "[he] will accommodate any dietary restrictions someone may have and looks forward to pleasing everyone that steps through the doors with his culinary skills."

Close to many of Ocean City's best golf courses, Sunset is the perfect 19th hole to grab a meal or relax with some of the best cocktails in town. Drink happy hour is 4-6 pm during the week. They run constant drink, lunch, and dinner specials. One of my favorites is the sesame-crusted seared Ahi Tuna for an appetizer. Perfectly seared, on a bed of delicious vegetable slaw, in the center is a beautiful translucent, red, raw tuna topped with a specially crafted sauce that mixes incredibly well with the wasabi and ginger. The Hawaiian BBQ shrimp is delicious. Four jumbo shrimp freshly seasoned on a bed of Chipotle BBQ sauce with pineapple salsa surrounding it. YUM!. For dinner, you can't go wrong with the Crab Cakes. Two jumbo lump crab cakes are served either fried or broiled. My crab cakes were broiled; they came out beautifully golden brown on the outside. They were perfectly seasoned lump crab meat. The chipotle remoulade sauce that accompanies this plate hits just right. Another favorite is the Filet Mignon or New York Strip. The chef cooked mine exquisitely to medium rare. These steaks rank as one of the best in town. Don't forget to save room for dessert because the Turtle Brownie sundae is a crowd favorite. Ooey gooey Ghirardelli brownie with big scoops of vanilla bean ice cream drenched in caramel and chocolate sauce, smothered with candied pecans and whipped cream.

Sunset boasts four bars and six dining areas. It has an inside bar for the main dining area, an upstairs sports bar, an outside bridge bar, and "Teaser's" which is the outdoor bar. Every place outdoors has a scenic view of the marina.

During the week of the White Marlin Open Teaser's is a place not to be missed. Every year, Teaser's bar hosts the "Teaser's Cup". Which is a competition between charter boats to see who can have the largest cumulative bar bill at Teaser's for the week. At the end of the week Buddy crowns the winners with a trophy of sorts. In previous years winners received WWE- type belts, Masters-style jackets and Super Bowl- style rings. During this week you may even see a celebrity or two. You can watch the Teaser's cup leaderboard on the giant screen tv. Rumor has it that the Teaser's cup record is 82K. What will it be this year? Come by and try this legendary place. Be sure to make your reservations.



Buddy Trala, owner of Sunset Grille



by: Tae Cha

@LONGBOARD CAFÉ



"Did you see the fish?" said Rick.

"What fish?" I asked.

Rick, proudly, points to the ceiling of his newly designed U-shaped bar at Longboard Cafe. "No one seems to see the fish there," said Rick, as he pondered on the thought of moving this master-crafted giant fish sculpture.

I just stared at this new work of art. It arrived just about a month ago, in the newly renovated section of Longboard Cafe. The constructions were just completed at the end of March. This addition was long-awaited, and has greatly increased the footprint of the restaurant allowing for more inside seating. It also added much-needed room for a new gourmet mini market and a new 22-seat bar. Now, the restaurant seats nearly 150 patrons. There is seating outside, in their all-season-long pergola deck, or in their newly constructed inside space.

Rick Vach, owner and sole proprietor of Longboard Cafe grew up in the restaurant business in Ocean City, MD. He was destined to be a restaurateur as his family had owned restaurants in the 70s and 80s in Ocean

City. Catering in the early 2000s to shortly getting the contract to run the Bayside Cafe, at Sunset Island Resort, Rick has always been involved in the culinary business. Soon after the Town Center shopping plaza on 67th St. was being developed, he was invited by the builder to start his vision for Longboard Cafe and now 10 years later, everything is history.

For me, Longboard Cafe appears to be a white linen restaurant without the white linen. Their menu items are a combination of imagination, visually appealing, and tantalizing for your appetite. They offer an upscale, casual dining experience where the staff is attentive, knowledgeable, and friendly. There is a good, chill, surfing vibe about this place. It makes me feel like I'm in Hawaii. They have won multiple food awards spread over multiple years. All their menu items are house made from sauces, dressings, bread, and desserts. They source all their produce, meats, and seafood locally from within Maryland.

Your taste buds will be very happy here. I have to say their wings are outstanding! A six-time "Best Wings OC" winner, The Longboard wings are covered with their secret Addiction sauce then coated with bacon dust and lightly dusted with blue cheese crumbles. The wings are cooked to perfection every time and fall right off the bones. Absolutely no struggle with these wings at all. Make sure you order one of the local craft beers or a signature cocktail to wash those wings down. Another favorite is the wrinkled green beans. Make sure you get the large portion because you're going to want more. The secret sauce they use over these flash-fried green



Rick Vach, owner and sole proprietor of Longboard Café

beans will have your palate wondering, what is in this sauce? The one that blew my mind was Asparagus Addiction. A beer-battered asparagus tempura along with the sweet hot Addiction Dipping sauce stops you in your tracks and makes you wonder how an asparagus dish can solely be an appetizer instead of a side dish. Don't forget to supersize this one as well. The Longboard Burger is excellent with the yolk dripping down your fingers. Another favorite is the Seafood Pasta with fresh big chunks of lobster, day boat scallops, and shrimp in a lobster cream sauce with the seafood also being cooked to perfection. They have a great selection of different-tasting tacos and salads you wouldn't find in most other restaurants. And make sure to leave room for dessert! The desserts are all homemade by Rick's sister, Martha. I had the lemon lasagna. A nice palate cleanser, combining the ideal amount of sweetness and fresh lemon flavor.

Whether you're coming from the beach or fresh off the 18th hole, Longboard has something for everyone. This place is child and pet-friendly as well (outside deck seating if you bring your pet). Also, if you have a dietary restriction, the chefs will accommodate all dietary needs to the best of their ability and cater to your satisfaction.

By the way, Rick would like to buy you a drink every day. His motto for happy hour is 2-4-1-5-2-6. Two for one drinks between 5-6 pm all year round. In season, there is a daily chef's dinner special. Out of season, they will usually have a fixed special on certain nights. For instance, Monday has always been ½ priced for burgers and tacos. In season, they are open from 11

am to close, 7 days a week for lunch and dinner. The kitchen closes at 11 pm, so if you make it by 9:59 pm in season, Rick says you will be served. Out of season, the hours may fluctuate closing times but typically from 11 am to around 9-10 pm. Another way to beat the rush is to call in your orders for carry-out service. For a full listing of services, make sure you get to their website. Just simply use your phone, upon seeing their ad, and use the QR code for a direct link to see their hours, make reservations, see specials, or view their eclectic menu.

Longboard Cafe is especially popular during the summer months and off-season weekends. While walk-ups are always welcome, reservations are highly recommended for lunch and dinner. After making your reservation, when you arrive, please make sure to look up towards the ceiling upon entering the front doors into the bar area. If you happen to see Rick, please let him know you saw his giant, beautiful fish or let one of his managers know. I'm hoping Rick will be happy with his location for the fish after everyone tells him.





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WOMEN'S PENINSULA GOLF ASSOCIATION



SCHEDULE OF EVENTS 2023

THE FOLLOWING SCHEDULE WILL BE UPDATED WITH THE ENTRY FORMS 4 WEEKS BEFORE THE EVENT.

JUNE

- **T** June 27TH 2BB4 @ Eastern Shore, Melfa, VA

JULY

- **WED** July 12TH 2BB4 @ Prospect Bay, Queenstown, MD
(Rain Date, 7/19TH)

AUGUST

- **WED+TH** August 16TH & 17TH Stroke @ Hog Neck, Easton, MD (CHAMP & SR/SS)
(Rain Date, 10/4TH + 5TH)

SEPTEMBER

- **TH** Sept. 7TH 2BB4 @ Captain's Cove, Greenbackville, VA
- **M** Sept. 18TH 1-2-3 @ Rookery, Milton, DE
- **T** Sept. 26TH 1-2-3 @ Hyatt-River Marsh, Cambridge, MD

OCTOBER

- **TH** Oct. 19TH 2BB4 @ Kings Creek, Rehoboth Beach, DE (OA)
(Officer Appreciation – one team per club)

CHECK THE WOMEN'S PENINSULA GOLF ASSOCIATION WEBSITE

W W W . W P G A W E B . O R G

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FOR INFORMATION ON HOW TO JOIN!

CLUB FEE - \$30 / INDIVIDUAL MEMBERSHIP - \$20

NORTH DIVISION

ROOKERY
*PLANTATION LAKES
MAPLE DALE
MULLIGAN'S POINT
WILD QUAIL

EAST DIVISION

BEAR TRAP
CRIPPLE CREEK
KINGS CREEK
BAYSIDE
HERITAGE SHORES

SOUTH DIVISION

EASTERN SHORE
NUTTERS
GREAT HOPE
GREEN HILL
OCEAN CITY

WEST DIVISION

CHESTER RIVER
HOG NECK
PROSPECT BAY
RIVER MARSH
TALBOT

*Jonathan's Landing removed and Plantation Lakes added.

'TEAM MATCH' PLAY 2023

HOME TEAM IS THE FIRST TEAM LISTED ON THE SCHEDULE (AND REFLECTED IN CAPS)

APR 25TH

MAPLE DALE vs *Plantation Lakes | MULLIGANS vs Rookery | WILD QUAIL - BYE
CRIPPLE CREEK vs Bayside | HERITAGE - BYE
GREEN HILL vs Ocean City | EASTERN SHORE vs Great Hope | NUTTERS - BYE
HOG NECK vs Talbot | CHESTER R. vs River Marsh | PROSPECT - BYE

MAY 1ST RIVER MARSH vs Prospect

MAY 2ND

ROOKERY vs Wild Quail | MULLIGAN'S vs *Plantation Lakes | MAPLE DALE - BYE
BEAR TRAP vs Heritage | CRIPPLE CREEK - BYE
GREAT HOPE vs Green Hill | OCEAN CITY vs Nutters | EASTERN SHORE - BYE
HOG NECK vs Chester River | TALBOT - BYE

MAY 9TH

PLANTATION LAKES vs Wild Quail | MAPLE DALE vs Mulligans | ROOKERY - BYE
HERITAGE vs Kings Creek | BEAR TRAP vs Cripple Creek | BAYSIDE - BYE
GREAT HOPE vs Nutters | GREEN HILL vs Eastern Shore | OCEAN CITY - BYE
CHESTER RIVER vs Talbot | RIVER MARSH - BYE

MAY 10TH KINGS CREEK vs Bayside

MAY 11TH PROSPECT vs Hog Neck

MAY 16TH

MULLIGANS - BYE
HERITAGE vs Cripple Creek | KINGS CREEK - BYE
EASTERN SHORE vs Ocean City | GREAT HOPE - BYE
TALBOT vs River Marsh **Start@12:30** | PROSPECT vs Chester River | HOG NECK - BYE

MAY 18TH WILD QUAIL vs Maple Dale | BAYSIDE vs Bear Trap **Start@ 10:00** | NUTTERS vs Green Hill

MAY 22ND KINGS CREEK vs Bayside

MAY 23RD

WILD QUAIL vs Mulligans | ROOKERY vs Maple Dale | PLANTATION LAKES - BYE
BAYSIDE vs Heritage Shores | CRIPPLE CREEK vs Kings Creek | BEAR TRAP - BYE
NUTTERS vs Eastern Shore **Start@ 9:30** | OCEAN CITY vs Great Hope | GREEN HILL - BYE
RIVER MARSH vs Hog Neck | TALBOT vs Prospect **Start@ 12:30** | CHESTER RIVER - BYE

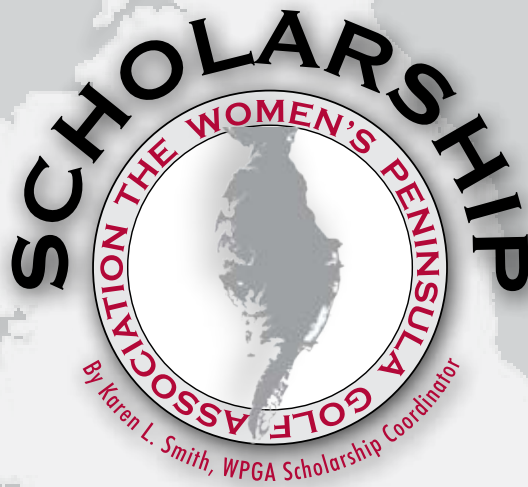
MAY 25TH PLANTATION LAKES vs Rookery

BYE WEEK - MAY 30TH

► **SEMI FINAL PLAYOFFS - TUESDAY, JUNE 6TH @BEAR TRAP DUNES**

EAST DIVISION vs WEST DIVISION | NORTH DIVISION vs SOUTH DIVISION

► **FINALS - TUESDAY, JUNE 13TH @GLEN RIDDLE MAN O' WAR**



Since 1954 the Women's Peninsula Golf Association (WPGA) has been promoting amateur women's golf across the Delmarva Peninsula; and for much of that time through its scholarship fund, the organization has been committed to fostering the growth and future of golf for junior golfers.

In 2022 two young ladies – Maia Alinskas and Samantha Petty - benefitted from the WPGA donation to First Tee Delaware (FTDE) by being coached and mentored by every member of the team. They participated in lessons and clinics and received equipment, golf clothes, and shoes.

Maia's mother, Tina, reports: "Not only is she now playing golf competitively, but she is learning patience, strategy, and independence. She is thrilled to be able to assist the coaches with the current clinic and is honored to be given an opportunity to travel to an international golf and leadership conference with First Tee in September...in what is honestly a chance of a lifetime. Truly, First Tee has dramatically changed the trajectory of Maia's future.... and all in just a little over a year...and we couldn't be more thankful." Maia was introduced to golf less than two years ago and made her high school golf team in 2022. She has a 4.0 GPA and is looking to graduate early and possibly play golf in college.

Samantha's mother, Lori, says that beyond the golf instruction and equipment provided, "more important is the coaching and mentoring from experienced golfers. This has provided her with confidence to learn something new in an arena that we would not have been able to provide. We continue to see her confidence exude



after every practice. She smiles big anytime she plays." Sam says golf has helped her step out of her comfort zone, "getting to be outside in a nice atmosphere," and meeting other golfers. She is thankful for the opportunity to play and to help teach the younger children in the FTDE program. "When I help others learn, I put myself in their shoes and I understand how some of the little kids feel because I am learning, as well. When I help to teach the little kids, I am closer to their age and they act like I am their role model. It feels good to help others from the opportunity I have been given."

In addition to instruction on and off the golf course and learning the game, the First Tee program has provided life skills, confidence, resilience, and the mechanism to grow into leaders that will be with Maia and Samantha through college and into adulthood. The Women's Peninsula Golf Association (WPGA) has donated \$1500 to the 2023 FTDE golf program to be used to subsidize a female participant in the hope that the funds will help a child develop proficiency and a passion for the game.

Visit our website wpgaweb.org for information about the WPGA, an organization of women who love to play golf. We welcome all clubs on the Delmarva Peninsula – so consider joining us this year.



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A full-page photograph of Harold Baines, a bald Black man with a friendly smile, standing on a golf course. He is wearing a light blue and white horizontally striped polo shirt, dark navy trousers, and a black belt. He holds a golf club in his right hand. The background shows a lush green golf course with trees under a clear sky.

HAROLD BAINES

“HUMBLE HERO TO HUMBLE RECIPIENT”

by: Delaney Cha

Harold Baines has been called many things: Athlete, Hall-of-Fame Baseball Superstar, Hero, Golfer, Friend, Husband, Dad, and Grandpa. But a new set of words can be used to describe him: Organ Donor Recipient.


Born in Easton in 1959, Harold grew up in St. Michaels on the Eastern Shore of Maryland. Throughout his childhood, he was very involved with sports, specifically baseball. He was eventually selected as a first-round draft pick for the 1977 Amateur draft to play for the Chicago White Sox.

Harold played 22 years in the MLB scoring multiple home runs and had multiple knee surgeries throughout his career. He was voted into the MLB Hall of Fame in 2019 and was inducted later that year. He has also been an avid supporter of the Tour on the Shore Golf Tournaments and hosted many tournaments himself to support charities and scholarships he started.

About seven years ago, Harold was tested for Amyloidosis, a rare disease that occurs when the protein amyloid builds up in organs. His father had the disease and Harold inherited it from him.

“I was diagnosed with Amyloidosis, a disease that my father had. He found out he had it when he was 78. I got tested about five years before my surgery and I had low dosages of amyloids so I wasn’t concerned. In 2019, I started to develop some swelling so I had vein surgery thinking that it was my veins. The doctors told me it wasn’t my veins and that it was my heart.”

“So I went to see Dr. Jeff (Etherton) [a cardiologist in Easton]. He recommended that I go to the University of Maryland to get some tests. They ran tests and it came back that I had higher dosages this time. I still did day-to-day stuff, like it was normal.



"In January 2020, I went to Chicago to do a White Sox fan meet up and I saw one of the team doctors and he referred me to another doctor who did more tests. He found that I had about ten pounds of fluid on me at the time that I didn't know I had. I came back and Dr. Jeff kept treating me and then referred me to someone at Johns Hopkins who continued to keep an eye on me.

"Over time my creatinine kept going up. I went on a trip with my wife and the doctor called me. I needed to be in the hospital by Sunday. I was in the hospital for three and a half months. It was really tough. Only my wife could visit me. I couldn't see my kids. It was a long drive back and forth every day from Baltimore to Easton, but she did it every day. We made the best of it. It was out of my control so I trusted the process."

"My wife brought pictures of all of my grandchildren and put them on the wall I stared at to brighten up the wall. There were dark moments, but I think my baseball background helped me with the mentality to just trust the process. I trusted my doctors."

In May 2021, Harold underwent a heart transplant surgery and a kidney transplant surgery. The organs came from the same person.

"My doctors were waiting for the right donor to come along and it did. It was a longer process than they were expecting but it happened. I am very thankful and very blessed."

Before going into the hospital, Harold said his symptoms were quite mild.

"It was mainly when I was working out. Sometimes my legs would feel heavy and that would be from the excess fluid buildup. I had no breathing issues. The amyloidosis added a buildup of proteins to the walls of my heart and it thickened and slowed it down over time. I think the stress of that put stress on my kidneys as well."

While kidney recipients can receive a kidney from a living donor, every other organ (with the exception of the liver) must come from a deceased person who is listed as a donor.

"It was difficult to find a donor to match me because of my size and my O-positive blood. The doctors also said that because of Covid, people aren't doing crazy things like they used to do. I couldn't complain though. Every day they would say 'You're on a list'. I think I got up to eight which was the highest I ever got. The doctors then told me that I needed to be put on a machine to help my heart. I was on that machine for six days. I couldn't move out of the bed."

"I got my heart and kidney after six days on the machine. The procedures were done five hours apart. Technically they were different days. I went it at 9 or 10 pm for the heart then they waited to make sure the heart was good. Five hours later, they did the kidney."

"I ended up staying in the hospital for another few weeks so the doctors could keep an eye on me. I was discharged from the hospital on Father's Day. All of my kids and grandkids were waiting for me outside."

"The two-year anniversary is May 20th. I'm very thankful to my donor and their family."

Harold has been a legend in the Eastern Shore Community for years, often giving back to high school students with scholarships. Known as the "Humble Hero", Harold needed a hero himself, one that came at great cost and sacrifice, to help save him.

IS THERE REALLY A PERFECT

by: Richard Robinson

Is there really a perfect golf swing? If you study the mechanics, aesthetics and results of a particular swing it is easy to start a raging debate. Rory McIlroy, Tiger Woods, John Rahm, Justin Thomas, Collin Morikawa, who's up first?

The current Master's champion, John Rahm, is in many ways the Lee Trevino of today. Like Trevino, his swing was criticized when he first appeared on tour.

In the 70's a survey asked players who had the best swing on tour? Jack Nicklaus was quick to select Lee Trevino as the best, even though Trevino's motions seemed to be a series of perfectly balanced contradictions. Why? "Because he is the same through impact every time," was Nicklaus' response. Trevino would affirm Jack's assessment winning the US Open, British Open, and PGA in head to head duels with Nicklaus. In subsequent eras, Jim Furyk, who designed the Glen Riddle War Admiral course, Dustin Johnson, Bubba Watson seemed to defy classic technique, yet achieved enormous success. Tiger Woods has gone through 5 major swing style changes seeking perfection.

The reality is that there are many effective techniques. But, the secret is harmony of position and motion which is predetermined by the way you place your hands on the club. The grip dictating all the other motions of your unique swing. Golf greatest players evolved swings that accentuated their strengths and diminished error tendencies. Observing a player's grip and especially the position at the top of the backswing transition provides insight to the swing motions that must follow.

The classic position with the lead wrist flat and inline with the forearm (Snead, Nicklaus, Tiger, Rory) enhances arc and momentum. The classic swing is smooth, gathering potential power deliberately and unleashing it effortlessly with gradual, but enormous acceleration, as the club shaft and lead arm align just past impact.

The "shut faced" style with the wrist "bowed" or palmar flexed position. (Trevino, Dustin Johnson, John Rahm, Morikawa), enables aggressive arm and body motion. A restrained wrist arm motion "dragging the club head through the ball" restricts any premature hand release. It is easier to time. It decreases the effective loft at impact, which may be effective with irons, but is a challenge with the driver and less lofted fairway clubs.



wining...

The “cupped” or dorsiflexed lead hand position (Hogan, Couples) enhances lag and leverage but requires a specific combination of wrist movements to and through impact. Done correctly this can provide effortless power and pinpoint accuracy, exaggerated it can be inconsistent even disastrous.

Though all good players may start down from different positions, they adjust and go through the ball the same way. The hands lead the club head at impact moving toward the target. The club head never passes the hands until after the ball is struck. They hit hard through the ball not at it, optimizing leverage, speed and club face path. The average player “rips it” with a “fast premature release at the ball” often with significant muscular effort, only to diminish the very factors that contribute to a powerful and accurate swing.

You can choose to copy any style, but you must also perform all the compatible actions to make it effective. You need to develop compatible swing motions that suit your physique. The quest is to find your personal style. Perhaps the most valuable aspect of personal instruction, is sorting out the thousands of quick fix “secrets” and finding the right combination to unlock the keys to your path to par. Hope to see you at the Original Golf School.

Rich Robinson has been an instructor with the Original Golf School for nearly 20 years. Academic training and research in sports psychology, kinesiology, coaching education, contribute to his ability to help students find their personal path to golfing success. An avid golf historian with international playing experience, his teaching links to the traditions, as well as the techniques of the game. Diverse sports management experience has included national and international events with the PGA Tour, USGA, R&A, United States and International Olympic Weightlifting Federations. He served as member of the Maryland Physical Fitness Commission, the American Coaching Effectiveness Program.



JUNIOR PLAY DIAA STATE CHAMPIONSHIP



**STUDENTS OF TOWER HILL HOLDING THE DIAA CHAMPIONSHIP TROPHY
AT BAYWOOD GREENS ON MAY 31ST.**

DIAA STATE CHAMPIONSHIP by: Delaney Cha

Baywood Greens Golf Course located in Longwood, Delaware hosted the Delaware Interscholastic Athletic Association (DIAA) high school Golf Championship on May 30 and 31st. There were 29 schools represented by 96 student-athletes. Among the Delaware lower shore schools students from Caesar Rodney, Cape Henlopen, Milford, Indian River, Sussex Academy, Sussex Tech, Polytech, Delmar, and Delaware Christian were represented by 34 athletes.

Wilmington's Tower Hill School won the championship however, the Henlopen conference was well represented.

After a windy start on Day 1, tough weather conditions slowed the pace of play; as the tournament continued, the weather continued to be challenging to navigate. Eventually, the clouds cleared and the last few rounds of golfers were able to finish with the sun shining. The Henlopen Conference teams finished day one as follows: 4th Caesar Rodney, 5th Polytech, 8th Sussex Academy, 9th Cape Henlopen, and Delmarva Christian in 12th. Making the second-day cut for the Boys division was Caesar Rodney's Gavin Garrison (10)*, Evan Gebhart (11), Joseph Crissman (11), Poly Tech's Quinn Glass (10), Hayden Barr (11), Delmar's Caleb Ritchey (10), Cape Henlopen's Robert Healy (10), and Sussex Academy's Quentin Bowman (10). The ladies who made the second-day cut were Indian River's Sarah Lydic (11),

Poly Tech's Kylie Yiengst (10), Caesar Rodney's Reagan Garnsey (10), and Krist Brosius (10). Day 1 had some excitement with Archmere Academy's Danielle Higby's Hole-in-one on hole number 6 (147 yds).

Day two play continued with better conditions. It was a very competitive round until the end when Tower Hill beat out Tatnall in an aggregate playoff. Tatnall's Win Thomas (11) won the Boy's Division with a first-round score of 75 and a second-round of 71. Tower Hill's Avery McCrery won the ladies division with a first-round score of 71 and an impressive second-round of 65 to end with a tournament record score of 136 (-8) and a personal best low round.

The Henlopen schools fared well. Caesar Rodney placed the highest out of all the Henlopen conference schools at 4th place. Individually Caesar Rodney's Evan Gebhart (11) led the pack with a 6th place finish. Hayden Barr (11) from Polytech placed in the 13th position. Gavin Garrison (10) Caesar Rodney, Caleb Ritchey (10) Delmar round out the top 20 in 16 & 19th place respectively.

Indian River's Sarah Lydic (11) placed 4th in the Ladies' division, followed by Reagan Garnsey (10) 6th, Krista Brosius (10) 8th in Caesar Rodney, and Kylie Yiengst (10) of Polytech in 9th.

(#) Denotes Grade Level



TOWER HILL SCHOOL | DE

Tower Hill School had a solid season, with a record of 10-5. Even though they lost to second-place finisher Tatnall twice during the regular season and lost to Archmere, Poly Tech as well they still had a successful season. Tower Hill won the State Championship win which was a big win for them. Tower Hill had three different players who were medalists throughout the regular season. Junior Justin Solacoff had a hole-in-one on May 16th on the 5th hole at Hartefeld National playing against Charter School of Wilmington.



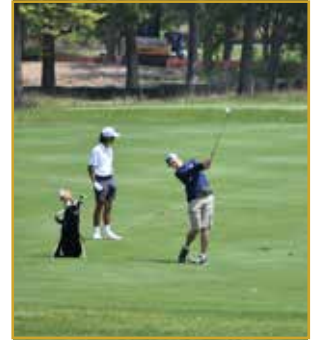
COACH KATHY FRANKLIN DESCRIBES HER TEAM:

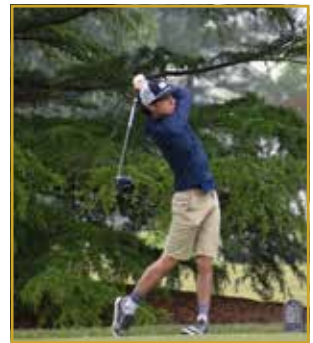
"The dynamics of the team are great. We have a little bit of everything. Avery has played for us since 8th grade. Sawyer joins us this year coming from Sussex Academy. Our 8th-grade girl, Zuzu Connolly, looks up to Avery and Sawyer and works to be just as good a player someday. Juniors Nate, Justin, and co-captain Sam Maroney (who all have been on the team for only two years) are so much fun to watch them having fun, while they are still trying to improve their games. Joining the junior players for his first stab at high school golf is Reece Petrunich. He has been pals with the other three I just mentioned. When not in the line-up, Reece is our on-course cameraman! He has Justin's hole-in-one on video! New to the school and new to interscholastic golf, junior Daniel Sommerville is having a lot of fun and is extremely receptive to the Tower Hill coaches' hints and suggestions on how to improve his game.

Karen Sinton, who has been helping coach for about 10 years, and Steve Harris who joined Tower Hill's faculty two years ago, add different perspectives and different styles to the way we coach this fun-loving team."

JUNIOR PLAY

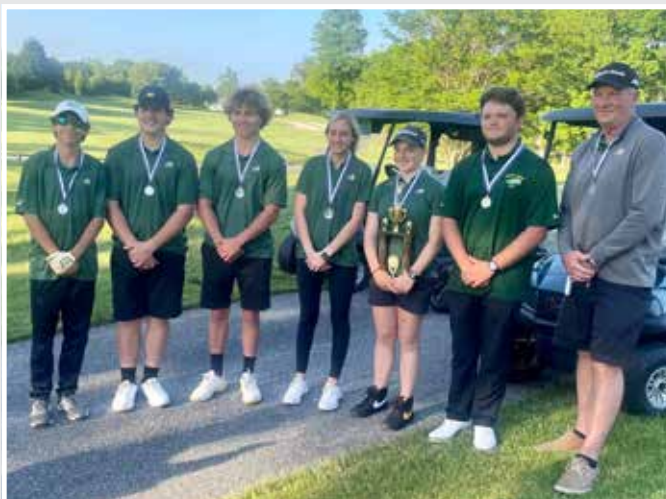
DIAA STATE CHAMPIONSHIP





JUNIOR PLAY

INDIAN RIVER|DE



We had a very successful year. with a 10-4 record and winning the southern division in the Henlopen conference. The team was led with Sarah Lydic averaging 2 under par for the year and leading the state also. The team averaged 175 this yr per match which was good enough to win 10 out of 14. We just finished the State Tournament this past Weds. which consists of two days. Sarah finished with a two day total of 3 over and was good enough to finish in the top five out of 96 golfers. I am looking forward to next year already.

Billy Wingate, Head Coach, Indian River High School

Left to Right: Marcus Gonzales, Evan Carpenter, Gabe Clark, Ella Grove, Sarah Lydic, Thomas Gogarty and Head Coach Billy Wingate

MILFORD|DE



Milford High School's Golf Team had a successful season. They had a 9-6 record and did well within the Henlopen Conference. Their season was challenged with many cancellations of matches due to the weather. Throughout the season, senior Evan Gregg, sophomore Noah Marcelle, sophomore Nicholas Schrieber, and senior Jared Wright medalled in events. Evan Gregg medalled four times. Led by coaches Keith Kendzierski Jr., Keith Kendzierski Sr., and Jim White, the Buccaneers were able to navigate the season with continued success. Head Coach Keith Kendzierski Jr. said, "Golf is a really tough sport but it has been very cool to see all these kids grow over the years. They are all great kids."

Left to Right: Assistant coach Jim White, Assistant Coach Keith Kendzierski Sr., Nicholas Schrieber 10th grade, Jeremiah Villareal 10th, Evan Gregg 12th, Austin Wilson 10th, Head coach Keith Kendzierski, Jr., Bottom row Left to Right: Ben Perscky 8th, Alexander Sharkey 9th, Jared Wright 12th, Patrick Sharkey 11th, Noah Marcelle 10th, Jady Gregg 10th

POLYTECH|DE



The Polytech Panthers finished the regular season with a 14 - 4 record. They finished second in the Henlopen Conference 18 hole Tournament as 4 golfers finished in the top 13 places. Five players qualified for the 2-day state tournament, and the sixth player was the first alternate. The team finished sixth overall as all five players made the cut to play the second day. In the boy's division, Hayden Barr finished 13th, Quinn Glass was 32nd, James Watterton was 33rd, and Brody Seip finished 39th. In the girl's division Kylie Yiengst finished 9th. The biggest highlight of the season was shooting a school record score of 148 @ Wild Quail Country Club, the team's home course. The team is hoping for an even better season next year as all ten players will be returning.

Left to Right: Quinn Glass, Sam Fisher, Brody Seip, James Watterton, Hayden Barr, Myra Glass, Brook Ashburn, Kylie Yiengst
Not pictured: Josh Brandt and Jackson Garrett

JUNIOR PLAY

CAESAR RODNEY|DE

Caesar Rodney is 14-2 and has a scoring average of 151.9 for the season. This is the lowest scoring average since it has been tracked on Ridersports.com (2008/2009). We are led by a consistent top 4 that includes Senior Matt Reed (39.1), Junior Evan Gebhart (36.8), and Sophomores Reagan Garnsey (37.8) & Gavin Garrison (38.2). Caesar Rodney placed 1st in the Henlopen conference championship.

Bottom row, Left to Right: Krista Brosius, Joey Crissman, Matthew Reed, Nate Cecchetti, Gavin Garrison

Top row, Left to Right: Ashley Morgan, Jack Dixon (me), Mckeldon Miller, Reagan Garnsey, Austin Nohe, Jordan Brisbane, Carter Miklus, Coach Matthew (Boog) Miller, Ryan Woodzell, Evan Gebhart



DELMARVA CHRISTIAN|DE

"Delmarva Christian High School's golf team is on their way to their best season in school history," said Coach John McCullough. With a record of 13-2, their strength is in "their depth of players as opposed to just having one or two standouts." Three different players achieved medalist honors this year, and six players qualified for the DIAA state tournament. Delmarva looks to bring a mix of experience and youth to the state showdown at Baywood Greens Golf Club in Long Neck, the Royals' home course. With only one senior, and two juniors, the team is not only looking strong for this year, but also looks to be contending at a high level for the next few years to come. Coach McCullough is encouraged to continue with a strong season. Despite beating the school record by 13 shots earlier this year, he feels they still have not reached the lowest scores the team is capable of shooting. He hopes they will continue to improve and peak just in time for the state championship on May 30th and 31st. "There are some very strong teams around the state this year, and the Delmarva Christian Royal golfers are looking forward to the chance to give them a run for their money."



ST. PETER & PAUL|MD

Of the six starters on this year's team, four were freshmen, including standouts Trent Turner and Reed Frankos. Despite having the youngest team in the MIAA B Conference, SSPP finished in fourth place and made the playoffs, but lost in the semifinals to Severn at Chartwell. We are returning five of the six starters for next year's team and hope to seriously contend for the MIAA Championship.

Back row, Left to Right: (Assistant Coach Greg Nesselroad, Trent Turner (White Titleist hat), Andrew Greenaway Ramsey, Chase Nesselroad, Colton Evans, Harvey Williamson, Head Coach Tony Del Puppo)

Front row, Left to Right: (Reed Frankos (Blue Titleist Hat), Mason Jacobs, Grady Campbell, Lucy Rankin, Bradley Winchester)



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Girls 6-8
LEAGUE CHAMPION
BAUER WEEKS



Girls 9-11
LEAGUE CHAMPION
MADDISON FISHER



Girls 12-14
LEAGUE CHAMPION
ELLIE WALLS



Girls 15-18
LEAGUE CHAMPION
KYLIE YINGST



Boys 9-11
LEAGUE CHAMPION
BRYCEN MOLLICK



Boys 12-14
LEAGUE CHAMPION
LANDON O'HARA



Boys 15-18
LEAGUE CHAMPION
JACOB GABBARD



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FALL '23 JUNIOR TOUR EASTERN SHORE, MD & DE



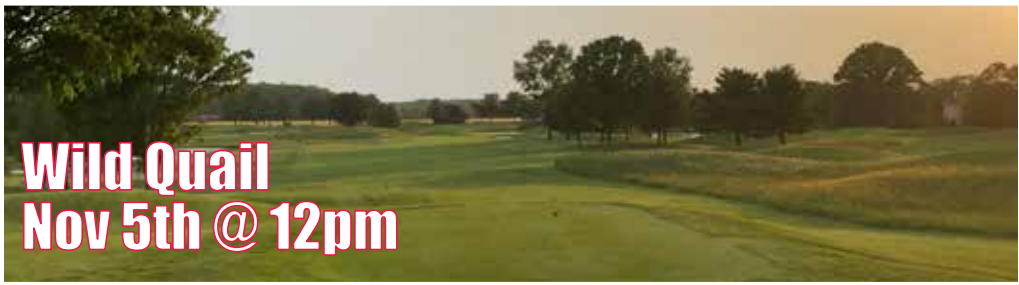
Hog Neck
Oct 1st @ 1pm



Maple Dale
Oct 8th @ 1pm



River Marsh
Oct 22nd @ 1pm



Wild Quail
Nov 5th @ 12pm



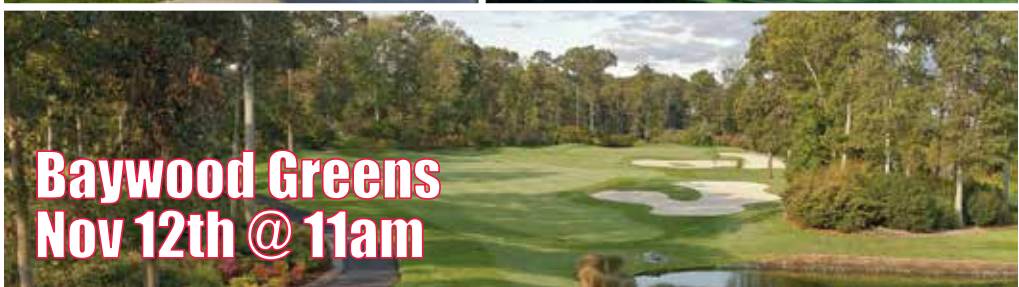
Rum Pointe
Nov 11 @ 12pm

*AGE DIVISIONS PLAYING TBD



OCGC
Nov 11 @ 12pm

*AGE DIVISIONS PLAYING TBD



Baywood Greens
Nov 12th @ 11am



BOYS & GIRLS DIVISIONS 6-18yrs
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Eastern Shore League Director: Dan Greaves dan@hearthstonehealthandfitness.com



How long have you been playing golf?

I have been playing golf since I was about 14 when the farm I lived on was transformed into Queenstown Harbour. I guess you can say golf kinda found me as a kid. Who knew it would turn into a 25-year career?

What made you interested in the sport/ Who influenced you?

I have been extremely lucky to be around such great professionals in our region like Mark Herrmann, Bill Horney, Mike Kohn, and Rich Setter who as a young professional, showed me the right way to care for your golfers. To give special care to local junior and adult beginner golfers, and continue to grow the game in our region.

What is your favorite course you have played?

I still have many courses to scratch off the bucket list, but my current favorite is Pete Dye's final design, the Links at Perry Cabin. It's a great test of all your skills and the island green 17th hole which is a copy of the TPC Sawgrass island green is always a challenge.

How did you get involved with the junior tour?

I think I can honestly say I am one of the few people that can say I've been involved with the junior tour from the beginning. First as a hosting club professional, then as a player caddy for one of my students, then finally stepping out of caddy duty to help out my good friend and former tour director Devan Scott with running the tour events. And of course illustrating a few cartoon promotional covers for our summer and winter championships, which are always fun to create.

Why do you think junior golf is important?

The future of the game lies in the hands of our youth. It's cool to play golf now and it's amazing to see so many great opportunities continuing to open up for our juniors. Equipment has evolved in leaps and bounds for quality kid-friendly clubs. School programs continue to develop and evolve, with courses opening their doors in support of those programs. Of course the growing opportunities for junior competitions that are accessible to all players. Tours like the Under Armour Junior Tour give juniors an amazing environment to gain experience, compete against other juniors of their skill levels, and most importantly create friendships that can last a lifetime.

What were you doing prior to your appointment running the UA junior Golf tour on the Shore?

5 years ago I had the amazing opportunity to join the team at Hearthstone Health and Fitness in Easton, MD. Looking to make a move from the traditional club professional day-to-day, there I have had the opportunity to build a golf program that is truly all-encompassing, including instruction, club fitting services, junior programs, and golf performance fitness programming for golfers of all ages and levels. The golf wing of the facility, known as Hearthstone Golf has become a go-to spot for many of our local golfers. Along with the above-mentioned offerings, it has also become a hot spot for locals to keep their swings tuned up through the cold winter months and play one of the many great courses on the HD Golf Simulator. Hearthstone Golf even offers winter leagues for both adults and juniors!

What excites you most about your new venture with the UA junior tour?

The Under Armour Junior Tour has grown in leaps and bounds over the past few years! It's an honor to be a part of the fastest-growing junior tour in the US, which is now expanding worldwide. How could you not be excited?!

What are your future plans for the tour?

I'm looking forward to continuing to help grow the tour here on the Eastern Shore. With so many juniors from the Bay Bridge to the beaches, I'm looking forward to seeing our returning players, and the many new players to our growing divisions. This coming fall season I am also looking forward to including some new courses in the schedule as well. The shore is full of so many great courses, and it's going to be exciting to see the new variety and challenges for our players.

meet the pro

DEVON SCOTT, PGA

interviewed by: Delaney Cha



How long have you been playing golf?

30 years now is when I first picked up a golf club

What made you interested in the sport/ Who influenced you?

My Dad introduced me to the game and always played with my family growing up. It continued over to Highschool when I was able to join my first golf team.

What is your favorite course you have played?

Kiawah Island Ocean Course is my favorite course that I have played so far. Along with TPC Sawgrass.

Where did you obtain your PGA certification?

I obtained my PGA Certification through The UMES PGM program. Received my PGA Status in 2012.

How did you get involved with the junior tour?

I was fortunate enough to meet Ray Taranto back in 2009 and in 2014 I ran one of Ray's Mens Events. That is how Ray and I met and it transitioned into the Junior Tour on the shore.

Why do you think junior golf is important?

Junior Golf is the most important aspect of our future in the game. They will be the future players, members, and pros as those currently in the industry start to fade out. They are our future to any success with golf as we know it.

What were you doing prior to your appointment as Rum Pointe's Head Pro?

I was the Maryland and Virginia Under Armour Sales Rep for all of the Golf Specific locations.

What excites you most about your new venture at Rum Pointe?

It is a chance for me to get back to what I desire the most in the industry. Growing staff to the fullest potential in a game they love and projecting my knowledge to future golfers. It has been my main focus in any career path I have chosen and the time just felt right. A chance to bring my knowledge and leadership back to the Green Grass Facilities where I plan to be as far as I can.

What are your future plans for the course?

The golf course is a very successful one here on the Eastern Shore. I would like to maintain any aspect I can while introducing some player development aspects to the facility. Rum Pointe is an amazing place to introduce anything we can as the industry requires. Many great opportunities that will hopefully be coming soon.

How do you want to build the youth program there?

Building a youth program has a lot of angles. It would start with what works with Schools and other Junior activities in the area. Many courses have a Junior program that is constantly growing to adapt. I hope to build and work with all facilities to offer more opportunities for the golfers. Growing the game is best when all facilities work together to give the juniors the most options out there.



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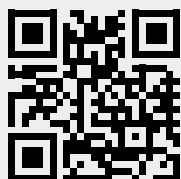


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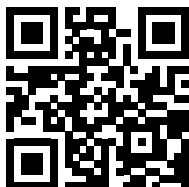
WHEN YOUR GROUP IS NOT KEEPING UP WITH THE PACE OF PLAY OF THE GROUP IN FRONT OF YOU:

- Walk at a reasonable speed between shots.
- Begin planning your next shot as you approach the ball by studying the strength and direction of the wind.
- When you reach your ball, check the lie, select your club, visualize your swing and shot, and then play your shot.
- From the time you select your club until you actually hit your shot, you should take no more than 30 to 45 seconds.
- If you aren't ready to play when it is your turn, encourage one of your fellow players to play.



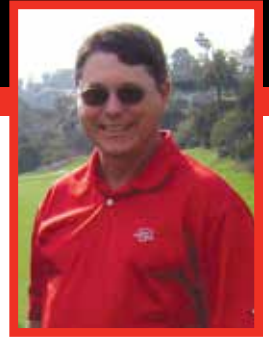
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PLAY BETTER BY DESIGN

BY: RICHARD ROBINSON, INSTRUCTOR | THE ORIGINAL GOLF SCHOOL



THE EVOLUTION OF PUTTER DESIGN IS A FASCINATING ASPECT OF GOLFING HISTORY.
LET'S TAKE A LOOK AT 5 MOST INFLUENTIAL PUTTER DESIGNS OVER THE PAST 200 YEARS.

PUTTING CLEEK

Hugh Philp was considered the greatest putter craftsman in 1819 he was appointed the official club maker to the Society of St. Andrews Golfers. His design was meticulously carved wood head that in general appearance would be similar to a modern hybrid. In fact it was called a "putting cleek". The term "wooden cleek" was the description of the a 4 wood or a 19 degree hybrid today. A key to Philp's skill was the ability to create a perfectly balanced heel toe weight.

THE SCOTTISH BLADE

In the late 1800's and through the first quarter of the 20th century the steel heel shafted blade putter was a dominant design. The most famous version of this putter would be Bobby Jones "Calamity Jane". Judge Smails Billy Baroo in the movie Caddy Shack is of similar design.

THE SCHENECTADY

In 1903, the first center shafted aluminum headed hickory shaft putter was designed by A.F Knight. Walter J. Travis, America's first super star golfer being the first to win the U.S. Amateur in 1903 and the British Amateur in 1904. He did so wearing glasses, smoking cigars, and possessing the sobriquet "The Old Man", and his Schenectady putter. His putting prowess was such that from 1910-1952 the center shafted Schenectady was banned by the R&A.

THE OTEY CRISMAN MALLET

Otey Crisman putters were numerous and highly regarded. One of the most significant designs was The 4 HB. Hickory shafted with an offset aluminum head design it was remarkably similar to the Schenectady. The "Otey" had a unique brass centered insert that balanced the club head to resisted twisting and provide a soft feel at impact with the ball. It became popular after the Schenectady ban was resolved. In the 1950's six champions and one third of all competitors used an Otey at the Master's.

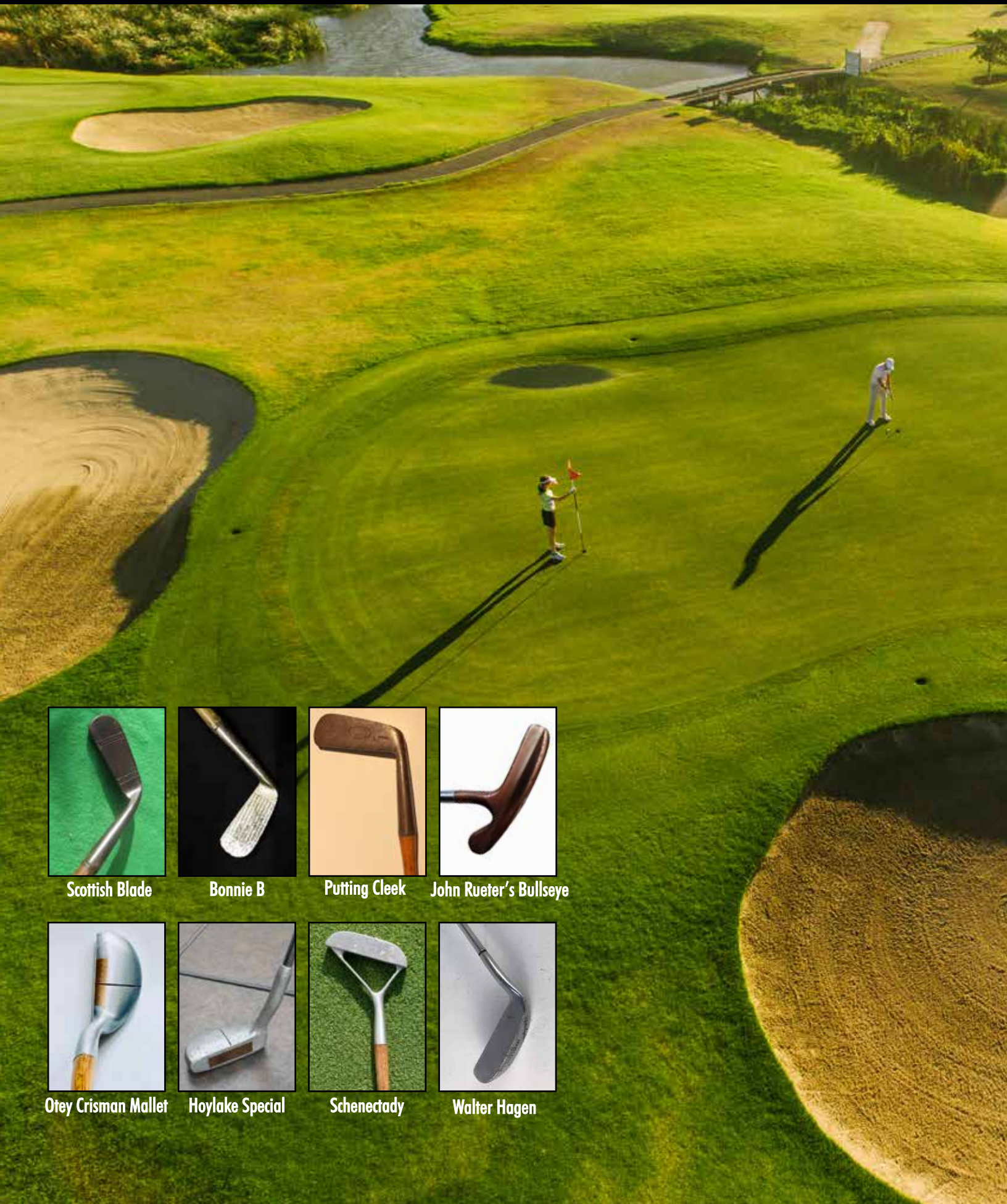
JOHN RUETER'S BULLSEYE

The Bullseye is a unique design but also an important link to history. John Rueter Jr. Actually caddied for Harry Vardon in the early 1900's. Rueter's designed the Bullseye putter with a brass head and centered shaft. The center shaft was similar to the Schenectady and the use of brass was similar to the Otey. The Bullseye came to market in 1949 just 3 years after the Otey. By the 1960's 40 % of tour players used a Bullseye. In 1967, Jack Nicklaus used a Bullseye with the head painted white called "White Fang" to win the U.S Open at Baltusrol.

find the sweet spot

IN THE PAST 50 YEARS, PUTTER DESIGN AND MATERIALS HAVE CHANGED DRAMATICALLY. YET, THE FUNDAMENTALS OF PUTTER DESIGN REMAIN ESSENTIAL TO FINDING YOUR "MAGIC WAND". GRIP, SHAFT, CLUB HEAD DESIGN, CLUB FACE DESIGN, WEIGHT, LOFT, LENGTH, LIE, ARE JUST AS IMPORTANT TO PUTTERS AS TO DRIVES, PERHAPS MORE SO.

MORE ABOUT MODERN DESIGN AND PUTTER FITTING IN THE NEXT ARTICLE.



Scottish Blade



Bonnie B



Putting Cleek



John Rueter's Bullseye



Otey Crisman Mallet



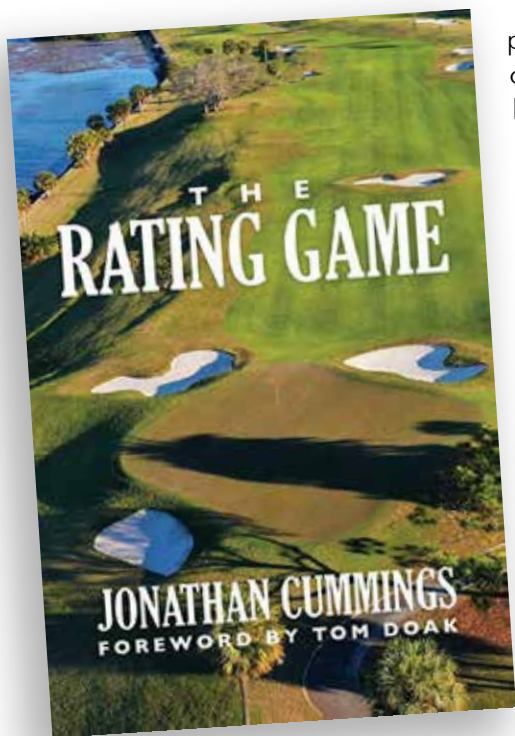
Hoylake Special



Schenectady



Walter Hagen



THE RATING GAME

by: JONATHAN CUMMINGS

HUMANS LOVE TO COMPARE.

We do it all the time—at work, at play, and even in the locker room.

The other thing humans love to do is make lists. Put those two powerful impulses together, and you have the modern mania for rankings, the YELP-ification of society. We are bombarded by an endless stream of rankings — shopping, entertainment, eating, vacationing, socializing, and even romancing require each of us to assess, weigh, rank, and ultimately choose.

Popular lists can be found from the US News & World Report college rankings to those Michelin stars for restaurants; but maybe nowhere are lists more popular than in sports, including golf. These lists, generated from data and/or people's opinions, are derived using input from either industry

professionals (often media types) or knowledgeable volunteers. In the case of golf courses, knowledgeable volunteers, called course raters or course panelists, are used.

Who are these golf course raters?

When talking about golf courses, it's important not to confuse rating with ranking. The various USGA regional bodies are chartered with determining a course rating and slope, which is data used to establish handicaps and ultimately, bring better parity to players of different playing abilities competing on a given golf course. The USGA uses field volunteers to collect slope/rating data, who are often called course raters.

The word "rater" is also a commonly used title for volunteers used by various magazines (and other organizations) to collect data to rank-order golf courses.

The raters for the magazines are tasked to determine the overall quality and character of a golf course. The magazines use this data to publish various ranked lists. These raters usually represent a broad cross-section of golfers (male, female, a wide range of ages and geographic locations), who like to travel, like to see new golf courses, and have an interest and knowledge in golf course architecture.

The first formal magazine rankings began in the mid-1960s. From the '60s to '90s, the "Big Three" magazines for rankings—Golf Digest, Golf Magazine, and Golfweek—established themselves as the most prominent list-makers, but they weren't the only ones in

the rating game. Several state golfing associations started best-in-state panels that still generate lists. Other magazines, including Links and, here in the Mid-Atlantic, GolfStyles, ran lists on an irregular basis. ScoreGOLF in Canada has long-run lists for Canadian courses, and Golf Monthly UK publishes lists for England, Scotland, and Ireland. Australian Golf Digest and Golf Australia Magazine crank out Australian Top 100 lists, and there are publications in South Africa and New Zealand that currently run or have run lists of top courses in those countries.

There are also numerous blogs and websites ranking courses. Darius Oliver has long run an Australian list called Planet Golf and keeps tabs on most of the major lists on his website. Boston native Paul Rudovsky's blog regularly updates eleven Top 100 lists. The Cadillac of digital-ranking repositories is Top100GolfCourses.com, which tracks the rankings of some seven thousand courses all over the world. Golf Digest uses around 2000, Golf Magazine 125, and Golfweek about 850 panelists. Rating data from the panelists are used to generate and publish a number of different ranked lists. These include US Top 100, Best in State, Best Collegiate, Best Casino, Best You Can Play, Best Real Estate Courses, and others including international lists.

While all subjective exercises, a rater's "job" does differ from panel to panel. Some ask panelists to determine relative golf course quality using a simple 1 to 10 scale, with 10 reserved for the very best courses. Others use a "bucket" system asking panelists to judge course character in an ABC fashion, where an A is a recommendation for, say, a top 25 ranked course, B a top 26-100,

etc. Still, others use a sub-category system where panelists are asked to judge and numerically grade design attributes (conditioning, shot value, resistance-to-scoring, ambiance, etc.). Overall quality is summed in some fashion from the category scores in order to determine a composite score.

All panels have one thing in common – they publish rank-ordered lists of best-to-worst golf courses in a particular area and/or theme.

Raters are a breed unto themselves. They come from all walks of life, but while they all have a passion for traveling and seeing new golf courses, some take it a little farther, like traveling the world trying to check off “played” on various lists. Or, playing courses in all 50 states or in every country with a golf course. One rater played the top 100 world courses in 100 days – he walked all of them.....and he arranged the trip prior to the internet and email! You’ll be forgiven if you get jet-lagged just thinking of the prospect.

And another rater hit a golf ball on all seven continents over a 7-day period. Oh yeah, she also ran a marathon on each continent over those seven days.... Yes, that includes Antarctica! And that’s the third year in a row she’s done it.

There are a few who have played over 3500 different golf courses in their lifetime. Do the math and ponder it, but we’ll leave that for another story.

Kindle versions of The Rating Game can be found at Amazon.com (The Rating Game), or hard copies can be acquired directly from the author by emailing him at golfguydz@aol.com.



JONATHAN CUMMINGS - BIO

Jonathan Cummings is a longtime golf journalist, author, speaker, and consultant.

He resides in Belleair, FL

Jonathan Cummings spent thirty-seven years as a research test & measurements mechanical engineer and currently is an anti-submarine warfare consultant for DARPA. Cummings has long been active in golf as a travel consultant, journalist, editor, and speaker. For over thirty years he served as a volunteer and/or committee chairman for the Kemper, Tiger Woods Foundation, and numerous other USGA/PGA tournaments. Cummings spent nineteen years as a Mid- Atlantic course/ slope rater and is a USGA

Rules and rater graduate. He is an original GolfWeek panelist (1996) and past panelist for Links and GolfStyles. He has played golf in all fifty states and in thirty-five countries logging rounds at more than sixteen hundred courses. He can be reached at golfguydz@aol.com



GREAT HOPE GOLF COURSE... IT'S ON THE WAY!

by: Jenni Pastusak

Earl Dolan has been playing golf since he was 12 years old.

"My Dad belonged to a country club in Baltimore, and I would go with him all the time," said Earl. "I moved to the Eastern Shore 22 years ago but never had time to play. Then I retired and it was like I was 12 years old again!"

Now Earl plays three to four times a week with a group of regulars at Great Hope Golf Course in Westover, Maryland.

"I love the layout of the course because it is challenging and comfortable for someone who is 75 years young. And I love Jack because he genuinely cares about us."



Jack Skilling is Great Hope's head pro and a 25-year PGA veteran. When you call for a tee time, he's the guy you talk to check course conditions and ask how the wind is blowing. Jack also has a contagious smile that greets you

in the Pro Shop before and after your game and does everything in his power to ensure you have a great experience - no matter the conditions. As a former Golf Digest Magazine "Top Teacher in the State," with 60+ professional tournament victories under his belt, Jack knows the fundamentals of building a strong swing and isn't shy about sharing his knowledge to help players improve their game.

Jack has been in the game long enough to experience the evolution of golf on the Eastern Shore of Maryland.

"In the mid 80's a report from the National Golf Foundation showed a rise in interest in the game of golf. The problem was there were not enough courses to meet the growing demand. Tax break incentives for developers who built golf courses inside housing communities led to more courses and sparked a boom in the industry. Fast forward to about five years ago when the foundation made a correction to its original findings. The downturn meant courses were struggling to survive and the ones who didn't have the backing of a municipality, were forced to close."

While courses directly outside the resort town of Ocean City, Maryland, saw a decline, Great Hope Golf Course, in neighboring Somerset County ended up benefiting from the downturn, as a "stop along the way" course.

"When people discovered us, they realized they could stop for a round of golf on the way to their final destination or on their way home," added Jack. "That's why I am a firm believer in superior customer service. Treat them well and they will come back."

Another key player in Great Hope's sustainability and growth was COVID.

"COVID changed people's mindset," said Jack. "People were willing to drive two to three hours to play a round of golf. It is worth the trip to spend time outdoors with friends, get exercise, fresh air, and have fun."



GREAT HOPE GOLF COURSE



For regulars like Earl and his buddy, Lee Custis (a Somerset County native who has been playing since he

was a teenager, and is “terribly” competitive and superstitious because he does not like to hit out of turn), Great Hope rewards their loyalty with the SkipJack SuperPass. For just \$99 a year, they can play golf for \$34 a round including the cart. Pass holders get 10% off food and beverages at the Caddy Shack, half off a golf lesson, access to club events, and only pay \$25 to join the handicap system.

Great Hope is a championship-level public golf course designed by Dr. Michael Hurdzan, an award-winning American golf course architect. The course offers a challenging layout with a mix of wind and water hazards to keep players on their toes.

While the architect is the designer of the course, the superintendent is the finisher. Lee Simms has been the finisher at the 200-acre course for the past 19 years.

“I have a dedicated crew working 364 days a year to maintain and enhance the “course character” you find at Great Hope,” said Simms. “We get to the course bright and early every day to get ahead of the players to provide them with the best possible experience.”

“Lee is a superintendent who sees and understands the big picture of the prime goal of the course,” added Skilling. “So, while he is protective of his “product” he is very flexible with scheduling his staff and projects so we can maximize the players and playtime each day. For a county-owned public facility, our course conditions rival the resort and semi/private courses in the Delmarva region. There is hardly a day that goes by almost year-round where I don’t hear a positive comment about the excellent condition of the course.”

The pace of play at Great Hope is fast which means little waiting, more playing, and more quality time to take in the beauty, wildlife, and tranquility surrounding the greens. One small house is stationed on the course and the rest of the view offers Mother Nature at her best. When the regular “Monday, Wednesday, Friday” crew finishes 18 holes, there’s always time for post-round refreshments and a good story or ten!

“I used to enjoy offshore fishing, but it got too expensive,” said Bill Brown. “Now I play golf. Great Hope offers a fair price, I play with a group of good guys and always look forward to a drink and a few laughs with them at the end.”

There's no question that good greens and bunkers are essential, and every player wants good conditions, but what keeps these players coming back is the overall experience and great customer service with a smile! More specifically, the Jack Skilling smile!

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TOOLS OF THE TRADE

BY STEVE MENZ



“DRILLS CREATE SKILLS”

Practicing with a purpose is an ideal situation. But sometimes practice can get a bit monotonous. To make practice more interesting, try implementing some drills in your session. Practice drills will challenge you and if used properly they can help you play better under pressure situations. Drills can help make practice more fun and improve your game. I'm sure you have tried the "ladder" drill or the "around the world" putting drill. Here are some of the more famous drills you should look up to help you play better; Tiger Woods' "Gate Drill", Nick Faldo's "Pump" drill, and Jon Rahm's "Tee Peg" drill. Here is one of my favorite chipping drills that will make your short game dangerous, it's called "4 by 4". The concept is to chip four balls toward a hole and then remove the three closest balls. Grab your putter and try to make the putt from the worst chip. If you make the putt you just got up and down from your ball that was farthest from the cup. Now change clubs, grab a different wedge or an iron, and repeat the process. The object is to get up and down from your worst chip four times in a row with four different clubs. Once you get a couple in a row you'll start to feel the pressure. Simulating pressure situations can help you overcome pressure situations on the course. Look at practice as if you're starting a savings account. Every time you practice is like saving for a rainy day. You're not sure when you're going to need it but it will be there when you're ready. Gary Player once said "The more I practice, the luckier I get!" Maybe it wasn't luck after all.

"DRILLS CREATE SKILLS."

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Queenstown Harbor
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Bear Trap Dunes
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Ocean View, DE
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Beartrapdunes.com



Green Hill Country Club
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410-749-5119
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The Rookery Golf Course
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Milton, DE
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rookerygolf.com



Bethany Bay Golf Club
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302-539-3833
Bethanybaygolf.com



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Rumpointe.com



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Hogneck.com



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1 Kings Creek
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302-227-8953
Kingscreekcountryclub.com



Mulligans Pointe
22426 Sussex Pines Road
Georgetown, DE
302-856-6283
Mulliganspointe.com



Lighthouse Sound GC
12723 St. Martin's Neck Rd
Bishopville, MD
888-55-HILLS
Lighthouseound.com



Rehoboth Beach Country Club
240 West Side Drive
Rehoboth Beach, DE
302-227-3616
rehobothbeachcc.com



Bay Creek
1 Clubhouse Way
Cape Charles, VA
757-331-8620
baycreeklife.com



Nutters Crossing Golf
30287 Southampton Bridge Rd
Salisbury, MD
410-860-4653
Nutterscrossing.com



River Marsh GC at the Hyatt
Heron Boulevard
Cambridge, MD
410-901-6397
Rivermarshgolfclub.com



Plantation Lakes Golf & CC
20301 Charlotte Blvd
Millsboro, DE
302-933-8072
plantationlakesclub.com



Ocean City Golf Club
11401 Country Club Drive
Berlin, MD
410-641-1779
Oceancitygolfclub.com



River Run Golf
11605 Masters Lane
Berlin, MD
800-733-7786
Riverrungolf.com



Talbot Country Club
6142 Country Club Drive
Easton, MD
410-822-0490
talbotcc.com



Ocean Pines Golf Club
100 Clubhouse Drive
Ocean Pines, MD
410-641-6057
Oceanpinesgolf.org



Prospect Bay Country Club
311A Prospect Bat Drive W
Grasonville, MD
410-827-6950
prospectbaycountryclub.com

LPGA EASTERN SHORE

Submitted by: Trisha Seitz

FROM OUR PRESIDENT:



The LPGA Amateurs Eastern Shore Chapter is a community of women who enjoy playing golf, being social or both. We are the biggest Chapter with 550 members. Our Chapter offers a variety of activities that allow our members to kick back, relax, have fun with friends and enjoy meeting new people. The benefits of membership include our organized golf leagues, golf education, social and networking events, and so much more!

Our Chapter has so many exciting and new things happening, and we want to share it all with you!

2022 was an exciting year with unprecedented growth. During the past year, our Chapter grew to 550 members playing golf in 11 leagues in Maryland and Delaware.

Our focus in 2023 is to expand on the member experience developed by the previous board members and volunteers. We have some league changes and are offering a transition league for our newer golfers.

Diane Sarsfield

President | LPGA Amateurs Eastern Shore MD/DE



2023 LEADERSHIP TEAM

President Diane Sarsfield

Communications Director Pat Zamorski

Director of Leagues Joanne Grason

Marketing Director Trisha Seitz

Membership Director Sharon Hoffman

Golf and Events Director Sharon Brienza

Records Director Catherine Hughes

Finance Director Vicki Sama

THE EASTERN SHORE MD/DE CHAPTER IS LOOKING FORWARD TO A WONDERFUL GOLF SEASON. REFERENCE OUR WEBSITE TO JOIN, FIND INFO ON OUR LEAGUES AND ENJOY MANY ACTIVITIES. PLEASE VISIT OUR WEBSITE FOR MORE EXCITING NEWS. **HERE'S TO A GREAT 2023!!**

[HTTPS://CHAPTERS.LPGAAMATEURS.COM/HOME/CHAPTER/EASH](https://chapters.lpgaamateurs.com/home/chapter/eash)

THE SUCCESS OF DELAWARE FIRST TEE PROGRAMS DEPENDS ON VOLUNTEERS

First Tee - Delaware is part of a nationwide youth development organization that uses the game of golf to help kids and teens build the strength of character needed to empower them through a lifetime of challenges. First Tee program are available to all children between the ages of 7 and 18 at no cost through local First Tee chapters. Parents are encouraged but not required to participate in golf lessons offered by First Tee. The local chapter provides golf clubs to participants who need them, but those who do own clubs are encouraged to bring them to class.

Here in Sussex County, First Tee programs are available during the summer months at several golf courses, including Bear Trap Dunes in Ocean View and Mulligan's Pointe in Georgetown. The local programs are designed and run by First Tee employees Scott Allen (Senior Southern Delaware Director) and Charma Bell (Program Director). However, in order to be able to offer these free golf lessons to kids, First Tee depends on the assistance of volunteers.

Volunteers provide golf instructions to the kids at each session and give Scott feedback on how the kids are doing to help him plan future weekly sessions. Mary Henry and Kathy O'Donnell of Selbyville are two of the volunteers who work with the youngest group of kids (roughly 7 to 9 years old) at both Bear Trap Dunes and Mulligan's Point.

Mary, who is now in her third year of volunteering, has been playing golf for about 6 years. Kathy, who is in her second year of volunteering, started playing golf years ago,

but did not have the time to get serious about it until about 10 years ago, after retiring and moving to Selbyville. Both Mary and Kathy play golf regularly at Bayside Resort Golf Club and participate in local LPGA golf events. Neither has a teaching background but they were inspired to volunteer for First Tee because they enjoy working with kids.

Throughout the summer Mary and Kathy spend one day each week (usually Sunday) at the golf course with the kids, teaching them how to putt and chip and focusing on building values like responsibility for equipment and courtesy to coaches and other participants. They provide fun and exercise by setting up chipping and putting games, and at the end of each session they talk with the kids about what they learned about perseverance, sportsmanship and judgement.

Both Mary and Kathy find that volunteering is very satisfying. They enjoy working with the kids and watching them progress and learn to share their love for the game of golf.



If you have any questions about First Tee, would like to enroll your child in a local program, or volunteer your time and skill to the program, please contact a First Tee – Delaware staff member at (302) 384-8759.

WINTER '22 EVENT RECAP!



THE '22 *Holiday* CELEBRATION @TAILCHASERS

The Event was well attended by 53 members dressed in their white attire. Everyone had a great time celebrating with friends. The white basket was won by Debbie Bunch. *Congrats* Debbie!



IN **JANUARY**, we enjoyed a wonderful performance
@**DICKENS THEATRE!**



NIBBLES AND KNOWLEDGE

was a very information session with Val Herwig and Chris Somers.

Thanks so much for the info on handicaps!





IN **FEBRUARY**, some of our ladies attended
A COOKING DEMONSTRATION @Mio Fratello's. *Delish!!!*



SPRING'23 EVENTS RECAP



IN **MARCH**, Our members met up for **SOME BOWLING AND GOLF SIMULATION**
@Alley Oops in OC, MD.

THANKS TO ALL FOR COMING OUT FOR SUCH A FUN NIGHT!



IN **APRIL**, we held our annual **2023 SEASON KICK-OFF EVENT**
@**GLEN RIDDLE GOLF COURSE**.

We held a clinic and a 9 hole scramble for our members along with a boxed lunch.

Congrats to our winners!



GlenRiddle
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TIPS FROM THE PRO

CONTROL YOUR TURN SPEEDS, CONTROL YOUR DISTANCE!

by: Rob McDonald, PGA



Quite often while working with clients, they sometimes seem reluctant to work at slower speeds. Always looking to hit the ball farther. Obviously, a benefit to improving your swing is more distance, so it's easy to try and judge your improvement by that standard. However, improvement comes from training your sequencing at slower speeds. If you go at your normal speed, you will do what you normally do. That's not learning the new move.

In an efficient golf swing, the inner body is swinging the arms. The upper body swings the arms away and the lower body swings the arms through. Whether you're hitting short or long shots, your turn speed determines your arm speed. Your hips, being a large muscle group, will have a fairly consistent speed to them in which you can have a standard set for distance control.

In an efficient swing, you want to choose your torso to begin the swing and carry your arms away. If you let your hands begin the swing, that's where too fast comes into play. Take control of your turn speed in both directions. Begin with a slow turn of the chest so that you don't tighten your grip or pull the club off the path. Transition into the hip turn at a pace in which you can feel the arms and club attached to the body with the hip rotation setting the speed.

To get this feeling, start with short half swings, keeping your hands and arms quiet. Let your rotation strike the ball. You may stab the ground the first few times, but you will feel when and why you did that. Your handle speed should match your hip speed as it is the hips creating the motion. As you get comfortable with the shorter, slower swings, just start adding more turns to the back swing but keep the handle connected to the hip speed. You must be focused on the hip speed through the swing. This will help you take ownership of your motion. As you become more in tune with your hip speed you can begin increasing the hips speed for more distance as long as the arms and handle are connected.

With the discipline of going shorter and slower, you will gain confidence in the shorter shots needed around the course. You will gain a feel in your hands allowing more lag for lower shots or more release for higher shots. So don't be bored or impatient practicing the slower speeds. You will find new shots you didn't have before.

You're not stuck with fast! Remember, If you can't do it slow, you don't own it yet!



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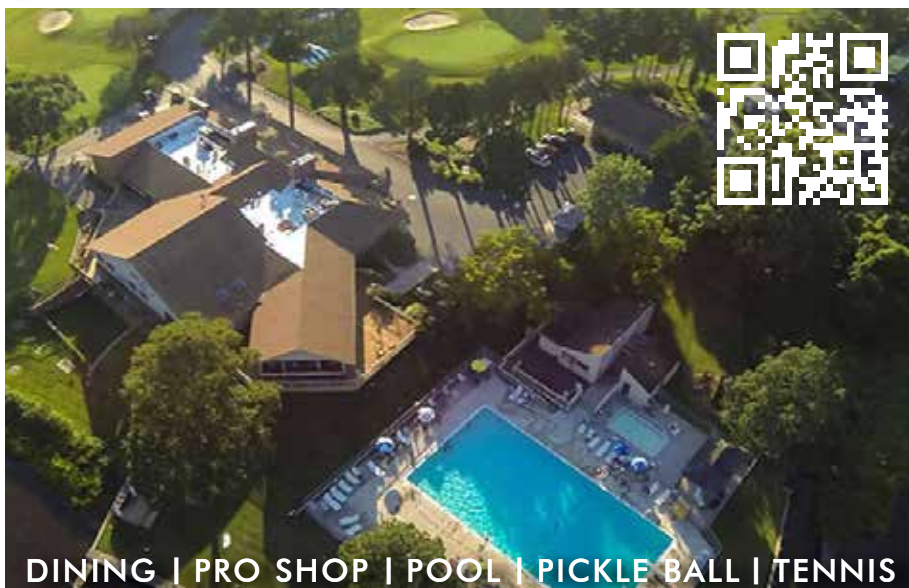
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YOU KNOW THE DRILL

BY: STEVE MENZ



“FEET OF PUTTS”

Here is a great drill to make practice more fun! For this drill, you'll need five balls. Start by putting five 5-footers, then five 10-footers, then five 15-footers, and finally five 20-footers. Make a 5-footer get 5 points, make a 10-footer get 10 points, and so on. Make all the 5-footers you'll have made 25 feet of putts. The challenge is to beat your personal best. If you can score over 100 on this drill you'll be doing pretty well. It doesn't seem like much compared to the 250 feet of possible putts. It's a great way to warm up and this is also a great way to develop speed skills and touch on the putting green. Go out and give it a few tries! But let me warn you, it's addicting! Let me know your high score

NOW YOU KNOW THE DRILL!

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Help us find DIVOT!



Throughout the pages of this magazine, our mascot Divot is hidden **THREE** times within the ads. If you can name the three ads and the pages that it's located on, you will be entered into a drawing to win a \$50 gift card. Please fill out the form below, cut it out, and mail it to us at:

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Golfers need flexibility to prevent injury and both superficial and chronic. The lower lumbar takes a stress every time to swing a club, and then when there's an impact that increases it. These TRX movements will help increase your range of motion, increase flexibility, and develop a rotational strength the golfers will identify in a short amount of time.

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Our spacious single family homes feature plenty of luxury living space, ideal for entertaining, spreading out with your latest hobby or spending the day relaxing in comfort. Create your own special spot, whether it's a home office or sewing room. Take advantage of extra space in the garage or basement for even more flexibility. There are so many ways you can enjoy your new home at Plantation Lakes!



CELEBRATION

Allow our Special Events and Culinary Team Members to provide you and your guests with more than just a special event, but rather, an EVERLASTING MEMORY! With endless opportunities in our all new clubhouse, the stylish venue is bound to provide a stunning setting for your special day, so let the memories begin right here at Plantation Lakes!



CUISINE

TASTE PERFECTION at our AWARD WINNING Bar & Grille! Allow our culinary team the opportunity to delight your taste buds with our rotating seasonally inspired menus and unique craft cocktails. Whether just a normal dinner out, romantic date, hangout after golf, or a casual evening with some live music, **The Landing Bar & Grille** will have something for everyone!



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